## PROCEDURES FOR POLICY 3.12 – Disconnecting from Work Policy

## A. General

- 1.00 In these Procedures, reference to the "Policy" shall mean the Policy on Disconnecting from Work.
- 2.00 These following Procedures apply to all employees of the University.

## B. Communications

- 1.00 Where possible, work-related communications should be checked or sent during work hours as applicable.
  - 1.01 Due to differing/non-standard work schedules, some employees may send communications when other employees are not performing work, such as evenings, weekends, or holidays.
  - 1.02 The sender should consider the timing of their communication and should consider whether a response outside of the recipient's working hours is necessary.
  - 1.03 The recipient should understand that they will not be expected to respond until their work time recommences unless a response is otherwise required in accordance with the recipient's duties, or in instances requiring a timely or emergency response.
- 2.00 Leaders should establish a protocol for alerting employees about situations requiring a timely or emergency response.
- 3.00 Employees on vacation or leave are encouraged to use an out-of-office message on their email and voicemail to notify others that they are not available. Procedures shall be considered to confer or grant employees a right or benefit beyond what they are entitled to under their individual employment contract, policies, an applicable collective agreement