

CLC 2109A

HUMANS IN TIMES OF CRISIS.

A Humanistic Undergraduate Course on Real-Crisis Management.

0.5 Credit

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INTRODUCTION

In this asynchronous course, you will acquire the personal skills you need to manage your life through the unpredictability of current times. Together, we will uncover and learn from the human values, behaviors, mistakes and solutions that sages, humanists and strategists have implemented and refined across cultures and geographies through some of the biggest crises in human history, including the most recent COVID-19 pandemic.

You will learn how humans before us have coped with and persevered through the most important events in human life such as death, love, war, power, loneliness, sickness, racism, meaning, and beauty in the face of major, catastrophic crisis. You will develop a set of personal critical reflection skills that have been tested through time, learning to implement them into your own life, as you walk in the footsteps of humanists that came before you.

By the end of this course you will be able to apply these critical reflection skills to your life, recognizing that “your mind will take the shape

-**Read** several texts/**watch** some videos related to the context in which specific solutions to a crisis were developed.

-Actively **practice living well** in times of crisis:

-Each week the class is divided into **Leaders** and **Learners**. If you are a Leader in week A, you will be a Learner in week B, and so on.

-**Leaders**: based on the materials, they write two original

Tentative