

5. Learning Outcomes

Upon successful completion of this course, students will be able to:

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6. Course Content and Schedule

Week	Dates	Topic	Exams
1	Jan. 11	Intro, Ancient and Medieval Medical Theories	
2	Jan. 18	Medieval Dietetics, Foodstuffs and Drugs	
3	Jan. 25	Food and the Supernatural	
4	Feb. 1	Researching Medieval Food Culture and History of Medicine	
5	Feb. 8	Food, Medicine and Regions I	
6	Feb. 22	Food, Medicine and Regions II	
7	Mar. 1	Food, Medicine and Status	
8	Mar. 8	Food and/as Art, Food and Literature	
9	Mar. 15	Drop in Session to discuss progress on students' projects	
10	Mar. 22	Project Presentations	
11	Mar. 29	Project Presentations	
12	April 5	Project Presentations	
13	April 12	Virtual Medieval Gastronomy and Nutrition Event	



7. Online Participation and Engagement

- Students are expected to participate and engage with content as much as possible
- Students can participate during Zoom sessions
- Students can also participate by interacting in the forum with their peers and instructor

Evaluation

Below is the evaluation breakdown for the course. Any deviations will be communicated.

Assessment	Format	Weighting
Participation	Online: Mixed	10%
1 Major Research Project	Zoom, OWL upload	90%

- All assignments are due at 11:55 pm EST unless otherwise specified
- Rubrics will be used to evaluate assessments and will be posted with the instructions
- After an assessment is returned, students should wait 24 hours to digest feedback before contacting their evaluator; to ensure a timely response, reach out within 7 days

Click [here](#) for a detailed and comprehensive set of policies and regulations concerning examinations and grading. The table below outlines the University-wide grade descriptors.

A+	90-100	One could scarcely expect better from a student at this level
A	80-89	Superior work which is clearly above average
B	70-79	Good work, meeting all requirements, and eminently satisfactory
C	60-69	Competent work, meeting requirements
D	50-59	

8. Communication:

- Students should check the OWL site every 24 – 48 hours
- A weekly update will be provided on the OWL announcements
- Students should email their instructor
- Emails will be monitored daily; students will receive a response in 24 – 48 hours
- This course will use Zoom for discussions
- This course will use the OWL forum for discussions
- Students should post all course-

4. Take notes as you go through the lesson material. Treat this course as you would a face-to-face course. Keeping handwritten notes or even notes on a regular Word document will help you learn more effectively than just reading or watching the videos.
5. Connect with others. Try forming an online study group and try meeting on a weekly basis for study and peer support.
6. Do not be afraid to ask questions. If you are struggling with a topic, check the online discussion boards or contact your instructor(s) and or teaching assistant(s).
7. Reward yourself for successes. It seems easier to motivate ourselves knowing that there is something waiting for us at the end of the task.

13. Western Academic Policies and Statements

Online Proctoring Notice

Tests and examinations in this course will be conducted using Zoom. You will be required to keep your camera on for the entire session, hold up your student card for identification purposes, and share your screen with the invigilator if asked to do so at any time during the exam. The exam session will **not** be recorded.*

More information about the use of Zoom for exam invigilation is available in the Online Proctoring Guidelines at the following link:

<https://www.uwo.ca/univsec/pdf/onlineproctorguidelines.pdf>.

Completion of this course will require you to have a reliable internet connection and a device that meets the system requirements for Zoom. Information about the system requirements are available at the following link:

We strive to maintain high standards that reflect the effort that both students and faculty put into the teaching and learning experience during this course. All students will be treated equally and evaluated based only on their actual achievement. **Final grades** on this course, irrespective of the number of decimal places used in marking individual assignments and tests, will be calculated to one decimal place and rounded to the nearest integer, e.g., 74.4 becomes 74, and 74.5 becomes 75. Marks WILL NOT be bumped to the next grade or GPA, e.g. a 79 will NOT be bumped up to an 80, an 84 WILL NOT be bumped up to an 85, etc. The mark attained is the mark you achieved, and the mark assigned.

15. Support Services

Registrarial Services <http://www.registrar.uwo.ca>

Student Support Services <https://student.uwo.ca/psp/heprdweb/?cmd=login>

Services provided by the USC <http://westernusc.ca/services/>

Student Development Centre <http://www.sdc.uwo.ca/>

Students who are in emotional/mental distress should refer to MentalHealth@Western:

<http://www.uwo.ca/uwocom/mentalhealth/> for a complete list of options about how to obtain help