

# Benefits and Pension Checklist for Western Pregnancy/Parental/Adoption Leave

Your new arrival is finally here! Use this checklist to review and update the coverage at Western.

Note: some changes must be made within 31 days of birth/custody.

## Your Western Benefits

You may elect to continue benefits for the duration of your leave. If you do not elect to continue benefits, benefits will be deducted from your pay. If no SEIB payments are made or when SEIB payments cease, for a period of 90 days, you will be covered by post-dated cheques.