

The University of Western Ontario  
School of Health Studies  
Health Sciences Health Issues in Aging  
HS2711B  
January-April 2024

Instructor: Dr. Afshin Vafaei  
Email: [avafaei2@uwo.ca](mailto:avafaei2@uwo.ca)  
Office Hours: Wednesdays 12:30 to 2:00 PM or by appointment  
Location: [REDACTED]

GTAs:

[REDACTED]  
[REDACTED]  
[REDACTED]  
[REDACTED]  
[REDACTED]

Lecture Times: Wednesdays 9:30-11:30

Location: [REDACTED]

Tutorials: see the schedule below

Course Website: [REDACTED]

### Prerequisite Checking

Minimum of 60% in each of Health Sciences 1001A/B and Health Sciences 1002A/B.

### Course Description:

This course will examine, from an interdisciplinary perspective, fundamental issues associated with ageing and the complex interaction of physical, psychosocial, and environmental issues that influence the health and well-being of older adults.

### Learning Objectives:

On completion of this course, students will be able to:

- a) provide students with an understanding of the multidisciplinary nature of issues related to health and aging at both the individual and population level.
- b) enable students to evaluate complex bio-psycho-social determinants of the aging process; interaction of disease, disability, frailty and the ability of our health system to cope with a rapidly aging population.
- c) recognize issues in aging, engage in critical reflection and advocate change in their families, communities and in their future careers in health care and research.

## Textbook:

Ø Required: Novak, Northcott, & Kobayashi (2022). *Aging and Society: Canadian Perspectives* (9<sup>th</sup> Ed.)

We will be using Top Hat to access the following Top Hat Interactive Textbook - ***Aging & Society: Canadian Perspectives, 9th Edition***

If you would like to purchase the digital version following the steps below:

If you already have a Top Hat account, you can access the below link to be taken directly to our digital textbook.

-Course Link <https://app.tophat.com/e/593331/item/1154053::c498889d4f46c2880937eff6c88e11>

If you are new to Top Hat:

Go to <https://app.tophat.com/register/student>

Search for our course textbook with the following join code.

Join Code: 593331

From here, you will receive the following purchase options:

- 1) Sign up for a 14 day free trial account
- 2) Pay using your credit card

## Class Schedule(subject to change)

The issues related to marginalized older adults will be explored systematically in three sections.

Week/Date	Topic/Focus	Readings	Tutorial
<b>Section 1 Status of Population Aging Today</b>			
1: Jan. 10, 2024	Aging today	Chapter 1	No tutorial
2: Jan. 17, 2024	Aging population	Chapter 3	
3: Jan. 24, 2024	Social aspects of aging, ageism	Extra, on OWL. p. 36-50 of Funk	
<b>Section 2: Aging and Health</b>			
4: Jan. 31, 2024	Physical health and aging	Chapter 5	
5: Feb. 7, 2024	Mental health and aging	Chapter 6	
6: Feb. 14, 2024	Midterm		No tutorial
<b>Fall Reading Week: February 19-24</b>			
7: Feb. 28, 2024	Social health and aging	Chapter 10	
8: March 6, 2024	The concept of healthy aging	Chapter 14 of Satariano & Maus; on OWL Citation: Smith, M. L., Ory, M.G., & Prohaska, T. R. (2018). Healthy aging and its implications for public health: Social and behavioral interventions. In W. A. Satariano & M. Maus, <i>Aging, Place, and Health, A global perspective</i> . Jones and Barlette Learning. PHAC Healthy Aging document; on OWL Lu et al. (2018). Domains and measurements of healthy aging in epidemiological studies: A review. <i>The Gerontologist</i>	
<b>Section 3: Care and Aging</b>			
9: March 13, 2024	Healthcare	Chapter 7	
10: March 20, 2024	Social support and		

## Evaluation and Assignments

By March 1<sup>st</sup>, 2024, students will know 25% of their final grade.

### Tutorial Activities: 20% of the overall grade

Students are already assigned to one of the 10 weekly tutorial times (please refer to the Western Timetable for your section, change of sections are NOT allowed). Students are expected to attend and participate actively in **all** tutorial activities facilitated and supervised by assigned Teaching Assistants. For a full grade, participation in 8 tutorials is required (2.5 each, \*8=20). Depending on the nature of the activity, students are expected to complete the task in-class or submit their work to OWL.

### Tutorial Schedule:

Section	Day	Time	Room	GTA
002	Monday	9:30 am -10:30 am	UCC-60	Ibrahim
003	Monday	10:30 am -11:30 am	UCC-61	Emily
004	Friday	9:30 am -10:30 am	UCC-54A	Ibrahim
005	Thursday	11:30 am -12:30 am	HSB-9	Amirah
006	Friday	11:30 am -12:30 pm	UCC-61	George
007	Thursday	9:30 am -10:30 am	HSB-9	Trevor
008	Thursday	10:30 am -11:30 am	UCC-54A	Trevor
009	Friday	10:30 am -11:30 am	HSB-9	Emily
010	Wednesday	11:30 am -12:30 pm	HSB-9	George
011	Wednesday	4:30 pm- 5:30 pm	UCC-65	Amirah

### Summary and Analysis Assignment 20% of the overall grade

In this visually driven assi.79 efishe



## POLICIES

### Prerequisites

Unless you have either the requisites for this course or written special permission from your Dean to enroll in it, you may be removed from this course, and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites.

### Covid -19 Contingency Plan for inperson class pivoting to 100% online learning

In the event of a COVID-19 resurgence during the course that necessitates the course delivery moving away from face-to-face interaction, all remaining course content will be delivered entirely online, either synchronously (i.e., at the times indicated in the timetable) or asynchronously (e.g., posted on OWL for students to view at their convenience). The grading scheme will not change. Any remaining assessments will



