

Western University  
School of Health Studies

Health Sciences 240B  
Environmental Health Promotion

Winter 2023 Instructor: Dr. Denise Grafton

Lectures: Monday, 2:30pm-4:30pm & one additional ASYNCHRONOUS hour (3 hours total)

Location: AHB1 B04 & online

Email: [dgrafton@uwo.ca](mailto:dgrafton@uwo.ca) Phone: x64443

Office Hours: By appointment

Prerequisite Checking

Unless you have either the prerequisites for this course or written special permission from your Dean to enroll in it, you may be removed from this course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites. For further information regarding prerequisites or anti-requisites please visit [www.westerncalendar.uwo.ca](http://www.westerncalendar.uwo.ca).

Prerequisites: Health Science 2250A/B

Anti-requisites: The former Health Science 290A/B if taken in 2015, 2016 or 2019

Course Description:

Health promotion has an important role to play in addressing the complex array of environmental threats that are affecting human health and the wellbeing of our planet. Starting from this insight, this course looks at the interface between the fields of environmental health and health promotion to explore the theory and practice of environmental health promotion in its current context. Howze et al. define environmental health promotion as "any planned process employing comprehensive health promotion approaches to assess, correct, control, and prevent those factors in the environment that can potentially harm the health and quality of life of present and future generations" (2004: p. 429).

The course introduces students to key concepts and theories used in the practice of environmental health promotion. It explores contemporary strategies to address issues such as air pollution, water quality and scarcity, weak food systems, vector borne illness, disaster preparedness, environmental injustice and climate change using the tools of health promotion. Given the globalized scope of the topic, cases are drawn from a variety of local, national and

Course Objectives:

1. To understand key concepts and theories relevant to environmental health promotion.
2. To build students' knowledge around the use of diverse health promotion strategies (e.g. health education, community capacity building) to address environmental threats.
3. To learn about how environmental health interventions are designed, implemented and evaluated through participation in a community engaged learning project

Course Materials

Materials for this course consist of weekly readings posted on OWL.

Class Schedule and Format:

Classes will be a mixture of lecture, on line discussion and guest speakers where appropriate. The online hour will consist of a pre recorded lecture that will be posted to OWL and students can view at a

Important Dates:

No lectures/classes will be held:

- On scheduled CEL project class days/tutorials



## Policies:

### Pre requisite Checking

Unless you have either the requisites for this course or written special permission from your Dean to enroll in it, you may be removed from this course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites.

### Late assignments

This class is evaluated primarily through examinations, which must not be missed unless in the case of a medical condition, family emergency, or other unforeseen circumstances. A note from your Physician indicating the nature of your condition must be submitted to the School of Health Studies Main Office, and only upon receipt of such a letter will a new examination be scheduled. Visit Western's Policy on Accommodation for Medical Illness at: <https://studentservices.uwo.ca/secure/index.cfm> for further details. With respect to the written assignments, late assignments will ~~not~~ be accepted.

*During Exams:* Unless you have medical accommodations that require you to do so, or explicit permission from the instructor of the course, you may not use any of the following electronic devices during ANY of the tests, quizzes, midterms, examinations or other in class evaluations: cell phones, smartphones, smart watches, smart glasses, audioplayers or recorders of any sort, video cameras, videogames, DVD players, televisions, laptop/notebook/netbook computers, flashlights or laser pointers.

#### Use of Plagiarism Detection Software

All required papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as sourced documents in the referenced database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between The University of Western Ontario and Turnitin.com (<http://www.turnitin.com>)

#### Student Code of Conduct

The purpose of the Code of Student Conduct is to define the general standard of conduct

Are advised that all necessary documentation, forms, etc. are to be submitted to academic advising office within two business days after the date specified for resuming responsibilities

#### Scholastic Offences

Scholastic offences are taken seriously and students are directed to read the appropriate policy, specifically the definition of what constitutes a Scholastic Offence, at the following website:

lectures or other course materials. Nor may you edit, re-use, distribute, or re-broadcast any of the material posted to the course website.

### Health and Wellness

The undergraduate experience is rewarding and challenging socially, emotionally, and intellectually. Finding ways to balance scholarly life with our personal lives can be tough, but it's important to learn how to manage stress. Western provides several health and wellness related services to students, which may be found at <http://www.health.uwo.ca/>. You can also check out the Campus Recreation Centre or the McIntosh Gallery (<http://www.mcintoshgallery.ca/>) for alternative spaces to reconnect with your bodies and restore your spirit. You may also want to access local resources that are close to where you are living during the school year. Recalibrating ourselves emotionally