

SUBJECT TO CHANGE

**THE UNIVERSITY OF WESTERN ONTARIO
LONDON CANADA**

**School of Health Studies
Health Sciences 3624B – Social Determinants of Mental Health
Winter 2022**

COURSE DESCRIPTION

In this course, we will discuss the interplay between social and personal determinants of mental health. We will also discuss the interrelatedness of mental disorder, social inequity, and both trauma and adversity in childhood.

More specifically:

According to the World Health Organization “mental health is integral to human health and well being”. Similarly, the United Nations (WHO) “care systems all over the world, burdens resulting from compromised including personal, family, community, workplace, economic impacts, are increasing, worldwide. The serious impact of trauma, adversity and social inequality, particularly in childhood and adolescence, on mental health in adulthood are now widely recognized as primary precursors to the occurrence of compromised mental health later in life. The design and delivery of services, supports and treatments that are trauma-informed, and that address various impacts imposed by individual, family, and community social inequity, is the new gold standard in mental health care.

This course focuses on social determinants of mental health, with an emphasis on trauma-informed concepts of mental health that acknowledge the central role of childhood adversity and social inequity.

LEARNING OUTCOMES

By the end of this course, students should be able to:

- x Describe the potential effects of adversity in childhood on overall mental health.
- x Describe and discuss some of the potential effects of social inequality and inequity on overall mental health.
- x

Prerequisites Health Sciences 10A/B

NOTE Unless you have either the requisites for this course or written special permission from your Dean to enroll in it, you may be removed from this course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites

Extra Information 3 contact hours.

Students who experience an unexpected illness or injury or an extenuating circumstance (48 hours or less) that is sufficiently severe as to temporarily render them unable to meet academic requirements (e.g., attending lectures or labs, writing tests or midterm exams, completing and submitting assignments, participating in presentations) should declare using the online Self-Reported Absence portal. This option should be used in situations where the student expects to resume academic responsibilities within 48 hours or less. The following conditions are in place for reporting of medical or extenuating

2. Student Health- <https://www.uwo.ca/health/>