# Course Syllabus- Health Issues in Childhood and Adolescence

Instructor: Dr. Treena Orchard Day of Lecture: Tuesdays Time: 9:30-11:30 + weekly tutorials (50 mins) Lecture Room: TBA Office Hours: 12pm-2pm Tuesdays, Rm 216 Arthur and Sonia Labatt Health Sciences Bldg. E-mail: torchar2@uwo.ca

#### **Teaching Assistants:** TBA

#### **Course Description:**

This is an undergraduate class designed to introduce students to a range of theoretical and applied perspectives that pertain to child and adolescent health. The primary goal of the course is to encourage new ways of thinking about health, childhood, and adolescence and to understand the broader socioeconomic, cultural, scientific, and political process at play in the construction of these areas of study. We cover the basic theoretical models used to understand childhood, adolescence, and health as well as different methodological approaches employed during research into these intertwined issues. The class also examines cross-cultural and , including: growing up and health issues in different cultural settings, including the experiences of Aboriginal youth; the medicalization of childhood and adolescence, and medico-moral debates surrounding virginity.

#### **Class Schedule and Format:**

The class consists of one lecture (2 hours) and a tutorial (50 minutes) each week. I lead the lectures but encourage and expect a level of participation from students as well, in terms of bringing your perspectives and ideas to our discussions. The tutorials will be run by the TAs and you MUST remain in and consistently attend the group you registered for-<u>NO EXCEPTIONS</u>. Prior to each tutorial you are required to make brief (3-4 well-developed points) notes or jottings about topics or issues of interest . These can be hand-

*Final exam* (40%) The final will only cover topics

**During Lectures and Tutorials:** Although you are welcome to use a computer during lecture and tutorial periods, you are expected to use the computer for scholastic purposes only, and refrain from

## Office in HSB room 222.

Scholastic Offences

Scholastic offences are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, at the following Web site: <a href="http://www.uwo.ca/univsec/pdf/academic\_policies/appeals/scholastic\_discipline\_undergrad.pdf">http://www.uwo.ca/univsec/pdf/academic\_policies/appeals/scholastic\_discipline\_undergrad.pdf</a>

## Support Services

There are various support services around campus and these include, but are not limited to:

- 1. Student Development Centre -- <u>http://www.sdc.uwo.ca/ssd/</u>
- 2. Student Health -- http://www.shs.uwo.ca/student/studenthealthservices.html
- 3. -- <u>http://www.registrar.uwo.ca/</u>
- 4. Ombudsmen Office -- http://www.uwo.ca/ombuds/

### Health and Wellness

As part of a successful undergraduate experience at Western, we encourage you to make your health and wellness a priority. Western provides several on-campus health-related services to help you achieve optimum health and engage in healthy living while pursuing your degree. For example, to support physical activity, all students receive members

registration fees. Numerous cultural events are offered throughout the year. Please check out the Faculty of Music web page (<u>http://www.music.uwo.ca/</u>), or the McIntosh Gallery (<u>http://www.mcintoshgallery.ca/</u>). Further information regarding health and wellness-related services available to students may be found at <u>http://www.health.uwo.ca/</u>.

If you are in emotional or mental distress should refer to Mental Health@Western (<u>http://www.uwo.ca/uwocom/mentalhealth/</u>) for a complete list of options about how to obtain help. To help you learn more about mental health, Western has developed an interactive mental health learning module, found here: <u>https://uwo.ca/health/mental\_wellbeing/education/module.html</u>.

#### Communicating with me

I'm a peasant when it comes to tech.-related things and I am not available for comment at all times. I am a very busy woman and need my down time, just like each of you. I would like us to keep our communications to day-time (i.e., 8 am- 5pm). Also, let's stick to Monday-Friday versus week-ends. I share this information with you not to restrict your access to me in any way, just to let you know what my preferred boundaries or parameters are. These timings also extend to our TAs.

## NAVIGATING OUR SITE ON OWL

RESOURCES- ALL ARTICLES AND SOME SUPPLEMENTARY FILES OF INTEREST LECTURE SLIDES- ALL SLIDES POSTED IN WORD ANNOUNCEMENTS- I MAKE THEM OFTEN, SO PLEA, S, SO PLEA, S, SO PLEA, S, SOETQ EMC /P &MCI3M O

TUTORIALS BEGIN THIS WEEK: everyone go to assigned tutorial session to meet the TAs, discuss your ideas about the class, and go over the parameters of contact, communication, and conduct between one another, yourself, and the TAs.

## 3) September 18, 2018:

Class discussion about Virgin slideshow

12) November 27, 2018: View Film: Karla's Arrival & Wrap-Up