Week 9:
$$1 \pm^{\circ}$$
 " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 " " 4 "

Week 10: Mental health @ University

Week 11: Sex & Relationships

Week 12: Dealing with death

Course Materials

Course-packed Readings

Evaluations

- 1.) Twitter Postings (5 tweets for 5%)
- 2.) Personal Health Improvement Plan (5%) Due: December 7th
- 3.) Health Topic Video (45%) Due: October 12th (submitted to OWL)
- 4.) Final Examination 2 hours (45%) Multiple choice. Date: TBA

Please note that the late penalty for the essay is a loss of 5% per day. Missing an examination for acceptable reasons must involve consultations with the Academic Counsellors. In the event of a missed examination, a make-up exam will be administered.

Email Policy

I dedicate a specific hour each day (Monday-Friday) to answering only emails from this particular class. In this way, I can respond to emails on a regular basis within a reasonable timeframe. It also helps because you folks can know that the lack of an immediate response outside of email hours does not mean your email was forgotten or lost.

I will announce and post this time on OWL, for your reference.

Statement on Use of Electronic Devices

Unless you have medical accommodations that require you to do so, or explicit permission from the instructor of the course, you may not use any of the following electronic devices during ANY of the tests, quizzes, midterms, examinations, or other inclass evaluations: cellphones, smart phones, smart watches, smart glasses, audio players or recorders of any sort, video cameras, video games, DVD players, televisions, laptop/notebook/netbook computers, flashlights or laser pointers.

Although you are welcome to use a computer during lecture and tutorial periods, you are expected to use the computer for scholastic purposes only, and refrain from engaging in any activities that may distract other students from learning. From time to time, your professor may ask the class to turn off all computers, to facilitate learning or discussion of the material presented in a particular class. Unless explicitly noted otherwise, you may not make audio or video recordings of lectures—nor may you edit, reuse, distribute, or re-broadcast any of the material posted to the course website.

Scholastic offences are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, at the following Web site:

http://www.uwo.ca/univsec/pdf/academic policies/appeals/scholastic discipline undergrad.pdf

All required papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between The University of Western Ontario and Turnitin.com (http://www.turnitin.com)

health and wellness-related services available to students may be found at http://www.health.uwo.ca/. If you are in emotional or mental distress should refer to