

Course Outline for Health Sciences 4250A Fall 2017

Mondays 11:30am-12:30pm & Wednesday 10:30am-12:30pm
Weldon Building (WL) 258

Dr. Jacqueline Torti
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Health Sciences Building (HSB) 203
Monday 1:00pm-2:30pm

Jack Wang
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Unless you have either the requisites for this course or written special permission from your Dean to enroll in it, you may be removed from this course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites.

The antirequisites for this course are Health Sciences 4091A, section 001 if taken in Fall 2011 or Intersession 2012. The prerequisite for the course is Health Sciences 2250A/B.

This course will investigate the theory, research, and methods of changing psychological, social, and environmental factors known to influence health promotion. The specific focus will be upon health interventions designed to care for populations throughout the lifespan.

1. To gain a better understanding of population health and population health interventions.
2. To gain insight into the population health approach.
3. To learn about how population health interventions are designed, implemented and evaluated through the examination of various population health intervention studies.

The midterm examination

Week 4: Topic 7 Mon. Oct. 2 nd	Intervention Strategies: Community Capacity Building Advocacy & Policy I	Victorian Health Promotion Foundation. (2012). Capacity building for health promotion. <i>VicHealth</i> . Retrieved from https://www.vichealth.vic.gov.au/media-and-resources/publications/capacity-building-for-health-promotion
Week 4: Topic 8 Wed. Oct. 4 th	Intervention Strategies: Community Capacity Building Advocacy & Policy II <i>Assignment Work Period</i>	Pan Canadian Joint Consortium for School Health. (2010). Stakeholder engagement for improved school policy: Development and implementation. <i>Canadian Journal of Public Health</i> , 101(2), S20-S23.
Week 5: NO CLASS FALL READING WEEK		No Readings
Week 6: Topic 9 Mon. Oct. 16 th	Eating Well I	Health Canada. (2007). Eating well with Canada's food guide. Retrieved from https://www.canada.ca/content/dam/hc-sc/migration/hc-sc/fn-an/alt_formats/hpfb-dgpsa/pdf/food-guide-aliment/view_eatwell_vue_bienmang-eng.pdf
Week 6: Topic 10 Wed. Oct. 18 th	Eating Well II <i>Assignment Work Period</i>	Brownell, K. D. & Frieden, T. R. (2009). Ounces of prevention – The public policy case for taxes on sugared beverages. <i>New</i>

Week 8: Topic 12 Physical Activity II
Mon. Oct. 30th

Lagarde, F., & LeBlanc, C. M. (2010). Policy options to support physical activity in schools.

Week 11: Topic 19 Wed. Nov. 22 nd	Evaluation of Interventions I <i>Class Activity</i>	Glasgow, R. E., Vogt, T. M., & Boles, S. M. (1999). Evaluating the public health impact of health promotion interventions: The RE-AIM framework. <i>American Journal of Public Health, 89</i> (9), 1322-1327.
Week 12: Topic 20 Mon. Nov. 27 th	Evaluation of Interventions II	Toobert, D. J., Glasgow, R. E., Strycker, L. A., Barrera, M., & King, D. K. (2012). Adapting and RE-AIMing a heart disease prevention program for older women with diabetes. <i>Translational Behavioral Medicine, 2</i> (2), 180-187.
Week 12: Topic 21 Wed. Nov. 29 th	Future Directions	Ontario Agency for Health Protection and Promotion (Public Health Ontario). Public

that may be imposed, and set out the disciplinary procedures that the University will follow. For more information, visit <http://www.uwo.ca/univsec/pdf/board/code.pdf> .

Visit the website http://www.uwo.ca/univsec/pdf/academic_policies/exam/english.pdf

<http://www.westerncalendar.uwo.ca/2017/pg117.html>

The University recognizes that a student's ability to meet his/her academic responsibilities may, on occasion, be impaired by medical illness. Illness may be acute (short term), or it may be chronic (long term), or chronic with acute episodes. The University further recognizes that medical situations are deeply personal and respects the need for privacy and confidentiality in

