Health Sciences 4051G (001) Philosophical and Historical Aspects of Mental Health Mon 14:30-17:30, HSB 9 Winter Term 2013-2014

Course Outline

Instructor: Dr. Louis C. Charland

Affiliation: Departments of Philosophy and Psychiatry & School of Health Studies

COURSE TEXTS

James, William. (1902/2003). *The Varieties of Religious Experience*. London: (London & New York: Penguin Books).

Esther, M. Sternberg. (2001) *The Balance Within: The Science Connecting Health and Emotions*. New York: Freeman.

Horwtiz, Allan V. & Wakefield, Jerome C. (2007). *The Loss of Sadness: How Psychiatry Transformed Normal Sorrow into Depressive Disorder*. (Oxford University Press).

Camus, Albert. The Myth of Sisyphus. (Penguin Books).

Assorted Articles on Western Owl Course Web Site, also available through UWO Library Catalogue

Diagnostic and Statistical Manual of the American Psychiatric Association (DSM 5). Washington D.C.: American Psychiatric Association. Available online through the UWO Library Catalogue System.

COURSE REQUIREMENTS

5 Weekly Commentaries | Worth 10 marks each | Weighted at 30% final mark Dates: See 'Commentary Topics and Due Dates below.

In-Class Mid-Term Exam (Essay Style) | Worth 35 marks | Weighted at 35% Date: Mon Feb 24, in-class, 2 hours.

Final Essay | Worth 35 marks | Weighted at 35% of final mark

Commentaries must make at least <u>three</u> direct citations to weekly readings using the Chicago Manual of Style 16th Edition Author-Date in-text citation and bibliographical format. (You can search Google or UWO library sites for this.) No footnotes or endnotes.

Commentaries must also:

Be typed in 12-point font and written in single-spaced paragraph form;

Be at least <u>2 pages</u> long (but rarely more than that).

Have page numbering on both pages;

Have a title, course number and commentary submission date, your name (Last name first, first name second) and student number, on page 1, formatted exactly this way, on the <u>left</u> side of the page, in <u>single-spaced</u> format:

Jasper's on Delusion

HS 4051G

February 12, 2013

Last name, First name

Student Number #111111111

Commentaries that do not satisfy these formatting requirements will be penalized 1 full mark per error or omission to a maximum of 3 marks or may simply be returned.

Spelling errors, major grammatical errors, and multiple typos, will be penalized 1 mark each to a maximum of 3 marks. Lesser penalties may be applied as warning.

Please proof-read your commentary carefully. (Treat it like a job or scholarship application letter.)

COMMENTARY TOPICS AND DUE DATES

Commentary 1 due to Turn it in and in class on Mon Jan 13

Commentary 2 due to Turn it in and in class on Mon Jan 27

Commentary 3 due to Turn it in and in class on Mon Feb 10

Commentary 4 due to Turn it in and in class on Mon Mar 10

Commentary 5 due to Turn it in and in class on Mon Mar 24

COMMENTARY GRADES

Commentaries will be graded out of 10 marks according to the following scale:

10 Outstanding - Could not expect more at this level

09 Excellent - Extremely well-developed interpretation and critical thinking 08 Very Good - Commendable interpretation with some good discussion

07 Good - Interesting interpretation with some discussion

O6 Average
 Average interpretation and discussion
 O5 Barely Acceptable
 Weak interpretation and discussion
 O4 Not Acceptable
 Significant errors or shortcomings
 Major errors and shortcomings

02 Not Acceptable - Unacceptable academic work at this level

01 Not Acceptable - Unacceptable command of writing and grammar at this level

00 Not Acceptable - Commentary not submitted

As you are writing your commentaries, always ask yourself what a reader who had not read the texts you are writing about would be able to recover about those texts, as well as what they would learn about your opinions and reasons for those opinions.

You are expected to do your best to read all weekly materials and, when appropriate, incorporate and reflect an awareness of all those materials in your commentary. In some cases, it will simply not do to read simply one article or chapter from assigned readings.

Always endeavor to anticipate answers and objections to your own personal contributions in your commentaries.

Marks on commentaries may vary, since course readings vary widely in style and content, which in turn may pose very different challenges for interpretation and analysis.

COMMENTARY SUBMISSION

a tittle page (numbered 0, with hidden page number) that

MENTAL HEALTH AND WELL-BEING

This course deals with very serious and controversial issues in the area of mental health which may be disturbing for some students. Please speak to myself, or your academic counsellor, if you have any concerns about your own mental health and well-being in relation to course content. Western University has excellent Mental Health and Well-Being services available for students in need of additional guidance and support in this area. See Western's Health and Wellness information webpage at http://www.health.uwo.ca/mental_health/index.html if you desire more information on this topic. Immediate help in the event of a crisis can be had by phoning 519.661.3030 (during class hours) or 519.433.2023 after class hours and on weekends.

FILMS

Films will be shown during regular lecture hours and all students are expected to attend. Due to logistical and practical realities surrounding the availability of films, these can only be shown once. The films are designed to enrich your experience of the materials

Documentation is required for non-medical absences where the course work missed is more than 10% of the overall grade. Students may contact their Faculty Academic Counselling Office for what documentation is needed.

Whenever possible, students who require academic accommodation should provide notification and documentation in advance of due dates, examinations, etc. Students must follow up with their professors and their Academic Counselling office in a timely manner. Documentation for any request for accommodation shall be submitted, as soon as possible, to the appropriate Academic Counselling Office of the student's Faculty of registration. For BHSc students, you may go to the School of Health Studies Office in HSB room 222.

Scholastic Offences

Scholastic offences are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, at the following website:

http://www.uwo.ca/univsec/handbook/appeals/scholastic_discipline_undergrad.pdf .

Additionally,

- 1. All required papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between The University of Western Ontario and Turnitin.com (http://www.turnitin.com).
- 2. Computer-marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating.

Support Services

There are various support services around campus and these include, but are not limited to:

1. Student Development Centre --