



HEALTH ASSESSMENT
1335A/B

Theory Coordinator
Amy Horton

Lab Coordinator
Jessica Timbrell

Copyright © 2024 Western University

All rights reserved. This book is protected by copyright. No part of it may be reproduced, stored in a retrieval system, or transmitted in any form or by any means – electronic, mechanical, photocopied, recorded, or otherwise – without the permission from Western University, London, Ontario, N6A 3K7

N1335 Health Assessment

Calendar Description

In this course application of clinical judgement models provide students a framework to convey information from health assessments as a foundational part of nursing practice. Conducting a focused examination of clients using a system based approach enables students to utilize theoretical components of health assessment in the laboratory environment.

Expanded course description:

This course assists students to develop skill in the holistic health assessment of individuals. Building on foundational knowledge of anatomy and physiology, as well as information gained from nursing theory courses, students will integrate their knowledge to learn how to perform holistic health assessments, keeping in mind physical, psychosocial, cultural, and spiritual factors.

Goals

Students will:

- 1.
2. Identify normal and abnormal physical assessment findings of health systems using knowledge from a variety of sources recognizing inter-individual variability.
3. Use effective communication strategies to conduct focused patient health histories.
4. Demonstrate appropriate physical examination techniques to complete of a variety of case-based focused assessments.
5. Communicate assessment findings in oral and written formats using professional nursing standards.
6. Describe how contextual patient factors impact individual health and health outcomes using a health equity and social justice lens.

Major Concepts in the course:

health
determinants of health
health promotion
holistic health assessment
caring
professionalism
privacy and confidentiality
relational practice
clinical judgment
personal meaning
infection prevention and control

Competencies for entry-level Registered Nurse practice (CNO, 2020) addressed in the course:

Clinician: 1.1, 1.2 , 1.4 , 1.7, 11.13, 1.21, 1.27

Professional: 2.1, 2.2, 2.4, 2.5, 2.9, 2.10,

Communicator: 3.1, 3.2, 3.3, 3.5, 3.8

Collaborator: 4.1

Leader: 6.6, 6.9

Scholar: 9.8

Interprofessional Competencies (CIHC, 2010) addressed in the course:

Interprofessional communication

Role clarification

Patient/family/community-centred care

Nursing Informatics Competencies (CASN, 2015) addressed in the course:

uses relevant information and knowledge to support the delivery of evidence-informed patient care: indicators 2, 3, 6

uses ICTs in accordance with professional and regulatory standards and workplace policies: indicators 1, 5

uses ICTs in the delivery of patient/client care: indicators 1, 3

Nursing Safety Competencies:

Domain 1: contribute to a culture of patient safety

Domain 3: communicate effectively for patient safety

Domain 5: optimize human and environmental factors

How this course will contribute to your development as a professional nurse:

Using a health promotion philosophy, students will utilize theoretical knowledge from level 1 nursing theory courses to develop interviewing, assessment, and documentation skills in accordance with the Standards of Practice of the College of Nurses of Ontario. Upon completion of the course, students will have a fundamental understanding of and skill in interviewing and physical assessment, which will form the basis of future nursing practice, regardless of the setting.

How we will work together:

care, prompt delivery of feedback

	GU/sexual health		Head to toe assessment I
	Mental health/cognitive assessment		Head to toe assessment II
	Exam Review		PRACTICAL EXAMS SPs x 2/room STARS x 4
	IN PERSON FINAL EXAMINATION DURING EXAM PERIOD AS DETERMINED BY THE REGISTRAR		

Attendance

Students are expected to demonstrate professional responsibility through regular attendance at, and participation in, all course learning activities. Much of the learning that takes place is a result of preparation and engagement with the material, as well as active dialogue with colleagues and faculty. Students are expected to organize their schedules such that weekly preparation for class is completed, and classes are attended, with consistency.

Attendance for clinical learning experiences is mandatory. Students missing more than 2 labs, **regardless of the reason**, will be given an unsuccessful course outcome. Students **will not** receive a written warning of their absences. The student will be notified of an unsuccessful course outcome by the course coordinator following the third absence from lab. Please visit the SON SharePoint site for further information about this and other school policies:

[Undergraduate Program Site](#)

Correspondence Statement

The centrally administered e-official university e-mail address. It is the responsibility of the account holder to ensure that e-mail

guidelines, students contribute to a responsible and ethical learning environment that promotes critical thinking, independent inquiry and allows them to produce original written contributions.

Policies

All policies related to assignments are in the Undergraduate BScN Programs Manual on the [Undergraduate Student Information site](#) .

Social Media

Students who post information on social media related to their clients and/or laboratory experiences will be reported to the Associate Dean of Health Sciences as this demonstrates a breach of client privacy and confidentiality and violates the Student Code of Conduct. Such

Academic Offences

Scholastic offences are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, in the [Academic Calendar \(westerncalendar.uwo.ca\)](#).

Plagiarism

Student work is expected to be original. Plagiarism is a serious academic offence and could lead to a zero on the assignment in question, a zero in this course, or your expulsion from the university. You are plagiarizing if you insert a phrase, sentence or paragraph taken directly from another author without acknowledging that the work belongs to him/her.

without acknowledging that the ideas belong to someone else. All papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between Western University and Turnitin.com (www.turnitin.com).

Re-submission of Previously Graded Material

Without the explicit written permission of the instructor, you may not submit any academic work for which credit has been obtained previously, or for which credit is being sought, in another course or program of study in the University or elsewhere.

their Home Department. Additional information is provided in the [Western Multicultural Calendar](#).

Academic Accommodation

Please contact the course instructor if you require lecture or printed material in an alternate format or if any other arrangements can make this course more accessible to you. Students with ongoing accommodation needs within this course are also encouraged to contact [Accessible Education](#), which provides recommendations for accommo

