N2600B: Mental Health Care

Course Description

This course is an introduction to mental health care emphasizing awareness, prevalence and stigma associated with mental health and mental illness across the lifespan from a strengths-based perspective.

Expanded Description

The process of promoting the health of individuals with mental health challenges and disorders is an integral component of professional nursing practice. This course provides a philosophical and theoretical foundation for understanding mental health-illness, as well as the nursing interventions used to support optimal mental health. This course facilitates your critical thinking and reflective practice skills through course readings,

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Uses ICTs in accordance with professional and regulatory standards and workplace policies: indicator 1

Uses ICTs in the delivery of patient/client care: indicators 4

Nursing Safety Competencies (CPSI, 2020):

4. Quiz I		Week 5	
5. Quiz II		Week 6 Feb 14 in class	
6. Final Exam	40%	Set by Registrar Cumulative	

Choice of Assignment/Weighting

- o The goal of including choice of assignment and weighting in this course is to assist students to pursue their strengths, and/or try something new or challenging without the high stakes.
- o **All students will write Quiz I & Quiz II as well as the final exam**.
- o In addition, students will **choose one assignment** to complete from the first 3 boxes in the table above.
- o Students who choose to write a scholarly paper will also choose their preferred due date (due date 1 or 2, as listed on the class schedule).
- o All students may choose their preferred weighting for each of the quizzes and the assignment of their choice.
- o **Students may assign weighting** to their assignments in the following intervals:
  - o 15%, 20%, 25%, or 30%
  - o **Nothing can be worth less than 15%**
  - o Weighting combination must equal 60% in total

1. **Group Presentation** (groups of 5)

   (relates to course learning outcomes #1, 2, 4-7)

The purposes of this assignment are for students to:

   Prepare a brief lecture for the class about a mental health disorder/topic
   Provide students with resources to prepare for and engage in the content
   Teach the class about a mental disorder or mental health-illness concept pertinent to mental health nursing.

Full Description

Students work in groups of 5 to prepare a group charter, a learning activity for the class, a reference list of resources used to develop the presentation, a title page, and an in-person presentation to be shared with the class on the day specified in the class schedule. Presentations must meet the requirements as outlined in the detailed marking rubric posted to the OWL site. All the group's presentation materials must be submitted to the assignments tab by 0830 hrs on the **Monday** of the group's presentation week.

2. **Scholarly Paper** (groups of 2)

   (relates to course learning outcomes #1, 2, 4-7)

The purposes of this assignment are for students to:

   Examine a concept/topic relevant to supporting the well-being of individuals and families living with mental illness
   Consider the role of the nurse in advancing the policies and practices that affect the health of those living with mental illness
   Integrate new learning from the course into the analysis of mental health-illness topics

Full Description

Students work in groups of 2 to develop a scholarly paper within 1250 words based on one of the topics provided. If desired, students may submit their own topic to the course professor for approval. A detailed marking rubric is available on the OWL site and contains required components of the assignment. Students select due date 1 or due date 2 when they sign up for this assignment on the OWL site.

It is expected that students will follow APA 7th ed. guidelines and students will submit their papers through *Turnitin.

3. **Online Debate** (individual)

   (relates to course learning outcomes #1, 2, 4-7)

Runs on OWL discussion boards

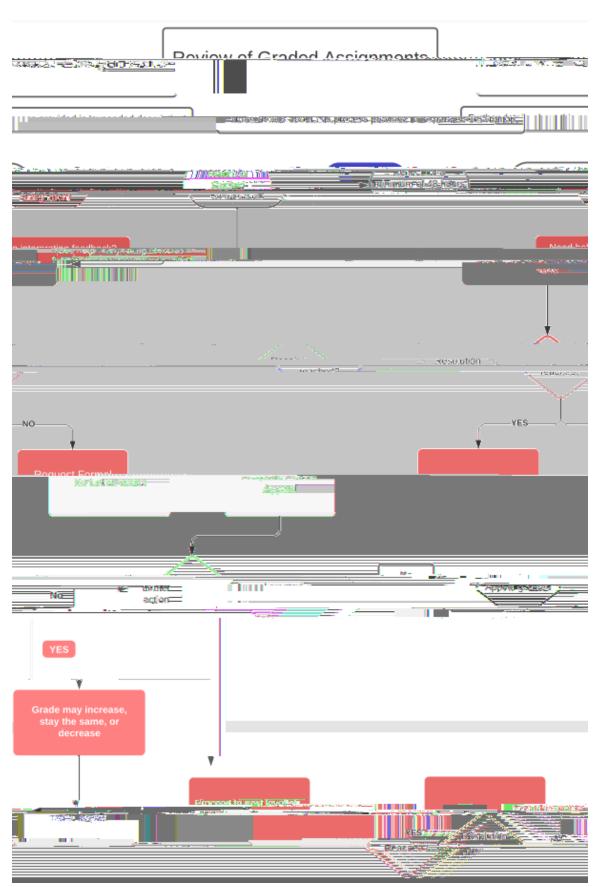The purposes of this assignment are for students to:

   explore the literature and share evidence-informed findings from either the pro or con perspective on a potentially polarizing topic relevant to mental health-illness care.
   potentially argue against their own personal beliefs and consider the perspectives of others
   deepen understanding of a mental health topic by searching the literature and presenting information that supports the argument

Full Description
Students will be randomly assigned the pro or con position for a predetermined debate topic taking place in the forums section of the OWL course site. Formulating arguments from either perspective may or may not align with students' personal beliefs and will therefore provide an opportunity to set aside assumptions and biases in order to present thoughtful, cogent arguments consistent with the assigned position. A detailed marking rubric

Review of Graded Assignments