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To ensure that you are ready for school, you must plan and organize your tasks such as getting dressed, preparing breakfast, and packing a lunch in a particular sequence.

You have a limited amount of time to complete your morning routine, so you must allocate the right amount of time to each task, ensuring that you leave the house on time.

You must remember where you put your keys/bag, what you need to pack for the day, and what appointments or activities are scheduled.

You must resist distractions or temptations that may disrupt your morning routine, such as checking your phone or watching TV.

You need to adjust and adapt your plan if something unexpected happens, such as spilling coffee.

You must motivate yourself to start each task, even when you may feel tired or would rather stay in bed.

