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Grogan-Johnson et al. (2013) conducted a mixed RCT study where in-person therapy was compared to teletherapy for the treatment of school-aged children with Speech Sound Impairments (SSI). A sample of 14 children aged 6 through 10 years

service delivery. Due to the sudden increase in virtual access to healthcare and the preliminary positive data on speech-language teletherapy specifically, one can only expect clinicians and clients to increasingly rely on virtual assessment and intervention methods from now onwards.

All in all, the current review demonstrates somewhat suggestive evidence for the efficacy of teletherapy in the treatment of school-aged children with speech and/or language disorders. In most of the studies presented, children in the teletherapy group made similar gains to those made by children receiving traditional therapy. Furthermore, those involved in teletherapy models of service delivery were satisfied with its practicality and overall effectiveness.

Clinical Implications