

**School of Kinesiology**  
**KIN 4585 - Athletic Injuries Practicum**  
**Fall 2024/Winter 2025**

<b>Instructor:</b> Dave Humphreys <b>Office:</b> Thames Hall 4186 <b>Email:</b> <a href="mailto:dhumphr4@uwo.ca">dhumphr4@uwo.ca</a> <b>Phone:</b> 519/661-2111 x82685 <b>Office Hrs:</b> 7 am- 2 pm by appointment  <b>Kacy Nishimura</b> <a href="mailto:kacy.nishimura@gmail.com">kacy.nishimura@gmail.com</a>  <b>TAs:</b>	<b>Lectures:</b> Mondays Time 11:30-1:30  <b>Instruction Mode:</b> In person- TH 3106
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**NOTE:** All course information including grades, assignment outlines, deadlines, etc. are available via [OWL Brightspace](#). Download the Brightspace Pulse App to stay up-to-date on course communication and enable your notification settings within “Communications” in the top toolbar. Check the website regularly for course announcements.

**Calendar Course Description (including prerequisites/anti-requisites):**

This course provides students with the opportunity to put theory into practice within the sport system available at Western. Students will work closely with athletic teams in assigned areas and under course-instructor supervision.

**Prerequisite(s):** [Kinesiology 3336A/B](#); current certification in Emergency First Responder (EFR) Training.

**Extra Information:** 3 lecture/seminar hours. Restricted to students in fourth year Honors Specialization in Kinesiology and subject to Faculty procedural guidelines and approval.

*You are responsible for ensuring that you have successfully completed all course pre-requisites, and that you have not taken an anti-requisite course.*

**Statement on Prerequisite Checking**

Unless you have either the requisites for this course or written special permission from your Dean to enroll in it, you may be removed from this course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites

**NOTE:** If you wish to enroll in this course without the stated pre-requisite(s), you must obtain written approval from the course instructor. The approval should then be forwarded to your academic counsellor.

## **Our Course Description**

This course will provide the student with hands on learning experiences in a sport and clinical setting as the student trainer for an assigned varsity athletic team. You will be responsible for the pre and post- practice care of the athletes on your team before, after and during practice and game periods. As such you will be directly responsible for the on-field, acute care of these athletes. Class time will be spent refining your acute injury assessment and management skills, as well as some basic rehabilitation skills. The student trainers will also be scheduled at the Fowler /Kennedy Sport medicine varsity clinic in Alumni hall clinic.

It should be understood that the practicum is in effect for the full academic year and, although responsibilities with a team may cease prior to the completion of the academic year, the student will be required to attend classes and to lend service when or as necessary. As a student trainer, you will be required to attend all practices and any scheduled games. There may be various invitational events, throughout the year, that may require student trainers on-

Week - Oct 7	Back Case	
Week-Oct 14	NO CLASS - Thanksgiving READING WEEK	-Continue with team/clinic activities as needed
Week - Oct 21	Shoulder and C-spine Case	-Prepare for class with any materials provided in advance
Week- Oct 28	4 Minute Mini Mind Meld Day 1	-Prepare for class with any materials provided in advance
Week- Nov 4	4 Minute Mini Mind Meld Day 2	-Prepare for class with any materials provided in advance
Week- Nov 11	Leadership Day 1	-Prepare for class with any materials provided in advance
Week- Nov 18	Building Your Brand and Career Construction	-Prepare for class with any materials provided in advance
Week- Nov 25	Midterm Debriefs to be scheduled	-Prepare for class with any materials provided in advance
Week- Dec 2	Midterm Debriefs to be scheduled	-Prepare for class with any materials provided in advance
Dec 9-Jan 2	Exams and Christmas Break	-Continue with Team activities

Week- Jan 8      Review 2<sup>nd</sup> Term expectations



## Course/University Policies

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distract other students from learning. From time to time, your professor may ask the class to turn off all computers, to facilitate learning or discussion of the material presented in a particular class.

will be retained in the student's file, and will be held in confidence in accordance with the University's Official Student Record Information Privacy Policy. Once the petition and supporting documents have been received and assessed, appropriate academic considerations shall be determined by academic

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proctoring service. By taking this course, you are consenting to the use of this software and acknowledge that you will be required to provide **personal information** (including some biometric data) and the session will be **recorded**. Completion of this course will require you to have a reliable internet connection and a device that meets the technical requirements for this service. More information about this remote proctoring service, including technical requirements, is available on Western's Remote Proctoring website at: <https://remoteproctoring.uwo.ca>.

#### 7. **Grades**

Where possible assignment objectives and rubrics will be posted on OWL.

Generally, students can expect some form of feedback on their performance in a course before the drop date.

November 12<sup>th</sup>, 2024 (for first term half-courses)

December 2<sup>nd</sup>, 2024 (for full-year courses)

March 7<sup>th</sup>, 2025 (for second term half-courses)

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available to the student, or fails to act, or if the matter is not resolved satisfactorily with the instructor, a written request for relief must be submitted to the Chair of the Department within three weeks of the date that the mark was issued. In the case of a final grade in a course, the written request for relief must be submitted to the Chair of the department by January 31<sup>st</sup> (for first-term half courses) or June 30<sup>th</sup> (for second-term half courses or full-year courses)

## 8. Support Services

### Health and Wellness:

Information regarding health and wellness-related services available to students may be found at <http://www.health.uwo.ca/>.

Students who are in emotional/mental distress should refer to Mental Health@Western (<http://www.health.uwo.ca/>) for a complete list of options about how to obtain help.

<http://www.uwo.ca/ombuds/>

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