

Western University  
Faculty of Health Sciences  
**School of Kinesiology**  
2991B  
**Coaching and Sport Leadership**  
Fall 2024

<b>Instructor: Glen Belfry PhD</b> <b>Office:</b> TH 4165 <b>Email:</b> gbelfry@uwo.ca <b>Phone:</b> 661-2111 ext 88364 <b>Office Hrs:</b> By Appointment  <b>TAs: TBA</b>	<b>Lectures:</b> In person  <b>Fall 2024</b> <b>Instruction Mode:</b> Lecture (in person) and Labs (in person)
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**NOTE:** All course information including grades, assignment outlines, deadlines, etc. are available via OWL. Check the website regularly for course announcements.

**Calendar Course Description (including prerequisites/anti-requisites):**

The labs are student-centered movement classes and are an introduction to the knowledge and techniques essential in educating and assessing individuals in movement competency/proficiency. In the labs students will explore the way people across the lifecycle learn and the knowledge and skills that practitioners need to support them to learn effectively.

*You are responsible for ensuring that you have successfully completed all course pre-requisites, and that you have not taken an anti-requisite course.*

## My Course Description

The labs are student-centered movement classes that introduce the knowledge and techniques essential in sports coaching, including educating and assessing individuals in movement competency/proficiency and team play within a sports context. The lectures focus on how to develop a successful team.

### Learning Outcomes/Schedule:

Lecture 1a: Opportunities to lead. One person's journey in sport leadership.

Lecture 1b: Teaching skills - Practical sessions – Lab Instructor TBA

Lecture 2: Coaching Philosophy and Essential Personal Traits and Abilities of the Coach

Lectures 3-4-5: Effective Communication

Lectures 6-7-8: Team Harmony; Athletes and Coaches: Developing a United front.

Lecture 9-10: Physiology of Training and Performance

Lecture 11: Athlete Development Across the age Continuum

Lecture 12: Review

### Required Course Material:

The Final written exam will be based on the content from the Monday lectures that are posted on OWL.

### Course Evaluation:

1. Practice Plans (x 2) 10%
  - 1<sup>st</sup> plan due Tuesday, TBA at 11:55 pm
  - 2<sup>nd</sup> plan due Tuesday TBA at 11:55 pm.
  
2. Lead Sport Specific Practices Sessions (x 2): 50%
  - Practical Sessions will begin the week of TBA during your lab time, 8:30-10:30AM on Wednesdays or Fridays.
  - Your practical session #1 date will be set the week of TBA, with the lab instructor TBA.
  - Your practical session #2 date will be set the week of TBA, with the lab instructor TBA
  - The mark breakdown includes participation in labs (15%), individual delivery (10%), team delivery (15%), and a reflection due after you present each session (10%).

*If you miss a lab or your practical date(s) please contact the Lab Instructor and you will be plugged into another lab section. There is no reweighting of practical assessments.*

To obtain credit for the course, it is necessary to obtain a minimum of 25 points (out of a possible 50) on the laboratory component. Failure to meet these criteria for passing will result in an INC being assessed.

3. Lecture Quizzes: There will be assignments that will be completed during lectures throughout the term. (x2) 5%

*A missed lecture assignment, without appropriate documentation will*

elsewhere.

### **Use of Statistical Pattern Recognition on Multiple Choice Exams**

Computer-marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating.

### **Use of Electronic Devices**

**During Exams:** Unless you have medical accommodations that require you to do so, or explicit permission from the instructor of the course, you may not use any electronic devices during ANY tests, quizzes, midterms, examinations, or other in-class evaluations.

**During Lectures and Tutorials:** Although you are welcome to use a computer during lecture and tutorial periods, you are expected to use the computer for

accessible to you. Students with ongoing accommodation needs within this course are also encouraged to contact Accessible Education

at 201-794-0101 or [ae@utoronto.ca](mailto:ae@utoronto.ca)

In the case of online tests and examinations, use of a “Conflict Room,” wherein student can write two proctored exams concurrently, will be interpreted as arrangements for continuous proctoring.

5.

In the event of a situation that requires this course to pivot to online content delivery, all remaining course content will be delivered entirely online, either synchronously (i.e., at the times indicated in the timetable) or asynchronously (e.g., posted on OWL for students to view at their convenience). The grading scheme will **not** change. Any remaining assessments will also be conducted online as determined by the course instructor

Note that disruptive behaviour of any type during online classes, including inappropriate use of the chat function, is unacceptable. Students found guilty of Zoom-bombing a class or of other serious online offenses may be subject to disciplinary measures under the Code of Student Conduct.

6. **Online Proctoring**

Tests and examinations in this course may be conducted using a remote proctoring service. By taking this course, you are consenting to the use of this software and acknowledge that you will be required to provide **personal information** (including some biometric data) and the session will be **recorded**. Completion of this course will require you to have a reliable internet connection and a device that meets the technical requirements for this service. More information about this remote proctoring service, including technical requirements, is available on Western’s Remote Proctoring website at: <https://remoteproctoring.uwo.ca>.

