

KIN 2230A/B – Introduction to Exercise Physiology

Instructor Office	Daniel Keir TH-4155	Lectures	2 per week: 1 in-person (synchronous; not recorded) 1 online (asynchronous; recorded)
Email	dkeir@uwo.ca	In-Person Classroom	Tues
Phone	519-661-2111 (ext. 87962)	Delivery Type	Blended
Office Hours	TBA	Laboratory	1 every 2 weeks
Lab Instructor Office	Michael Herbert TH-4180		
Email	mherber5@uwo.ca		
Phone			
	TBA		

_____ or equivalent with a minimum grade of 60%.

Extra Information: 3 lecture hours, 2 laboratory hours biweekly.

You are responsible for ensuring that you have successfully completed all course pre-requisites, and that you have not taken an anti-requisite course.

Statement on Prerequisite Checking

Unless you have either the requisites for this course or written special permission from your Dean to enroll in it, you may be removed from this course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites

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Hormonal control during exercise

4. Laboratory sections have been determined well in advance. Legitimate excuses for missing or re-scheduling labs include illness, compassionate circumstances, etc. Extended vacations, extra work, etc. do not qualify.
5. Exam periods have been selected to conflict as little as possible with other scheduled classes. Please report any potential conflicts NOW, do not wait until the week before the exam.

4. Required Course Material/Text:

All required readings will be posted on OWL.

5. Course Evaluation Plan:

Grades are a measure of the performance of a student in individual courses. Each student shall be judged on how well they have command of the course materials.

Component	Category	Value
I	Lab Tutorial Quizzes	4%
II	Lab Assignments	32%
III	Midterm Exam	30%
IV	Final Exam	34%

Evaluation Plan Breakdown:

Component I	Description	Value	Due Date
Lab Tutorial Te	1 Torial		Te

Course/University Policies

4. Academic Considerations and Absences from Lectures and Assessments

Religious Accommodation: When a course requirement conflicts with a religious holiday that requires an absence from the University or prohibits certain activities, students should request (in writing) any necessary academic considerations at least two weeks prior to the holiday to the academic counsellors in their Home Department. Additional information is provided in the Western

5. Contingency Plan for an In-Person Class Pivoting to 100% Online Learning

In the event of a situation that requires this course to pivot to online content delivery, all remaining course content will be delivered entirely online, either synchronously (i.e., at the times indicated in the timetable) or asynchronously (e.g., posted on OWL for students to view at their convenience). The grading scheme will not change. Any remaining assessments will also be conducted online as determined by the course instructor

Note that disruptive

if the matter is not resolved satisfactorily with the instructor, a written request for relief must be submitted to the Chair of the Department within three weeks of the date that the mark was issued. In the case of a final grade in a course, the written request for relief must be submitted to the Chair of the department by January 31st (for first-term half courses) or June 30th (for second-term half courses or full-year courses)

8. Support Services

Health and Wellness: Information regarding health and wellness -related services available to students may be found at <http://www.health.uwo.ca/>.

Students who are in emotional/mental distress should refer to Mental Health@Western (<http://www.health.uwo.ca/>) for a complete list of options about how to obtain help.

There are various support services around campus and these include, but are not limited to:

- Student Development Centre - <http://www.sdc.uwo.ca/ssd/>
- Ombudsperson Office - <http://www.uwo.ca/ombuds/>

9. Student Code of Conduct

The purpose of the Code of Student Conduct is to define the general standard of conduct expected of students registered at Western University, provide examples of behaviour that constitutes a breach of this standard of conduct, provide examples of sanctions that may be imposed and set out the disciplinary procedures that the University will follow. For more information, visit <https://www.uwo.ca/univsec/pdf/board/code.pdf>