

<p>Office: TH4180 Email mherber5@uwo.ca Phone: 5196612111 x88675 Office Hrs: 1:00-4:00 TAs: TBD</p>	<p>Lectures : Inp B -3345 T 2:30- 4:30 Labs: Inp H3103 S02 M 9:30 am 12:30 pm S03 M 1:30 pm 4:30 pm S04 W 9:30 am - 11:30 am S05 W 1:30 pm - 4:30 pm S06 F 1:30 am - 2:30 pm</p>
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NOTE: All ~~courses~~
~~in OW Class~~

Calendar Course Description (including prerequisites/anti -requisites):
~~Prerequisite(s):~~
~~Prerequisite(s):~~

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Prerequisite(s): [KIP230A/B](#), [KIP992A/B/Y](#) ~~Prerequisite(s):~~ 60%

~~Prerequisite(s):~~ 60.280260.28 368.88 106.92 0.72 6.2 7.1 (rF)9.8 (i)-4.3 (jE) (i)-4.2 (i6.-(a)-4.4)9 10.56 :

- Motor Principles
- Cellular

Lab

- Activities

Learning Outcomes

1. Identify

1. Identify
2. Describe
3. Apply
4. Compare
5. Evaluate
6. Explain
7. Demonstrate
8. Synthesize

Recommended Course Material/Text:

H.G. G., & P.N. T.(2016). Essentials of Strength Training and Conditioning, fourth edition: Chhabra

Personal Fitness Analysis:

10. 6 ALL (b) (c) (d) (e) (f) (g) (h) (i) (j) (k) (l) (m) (n) (o) (p) (q) (r) (s) (t) (u) (v) (w) (x) (y) (z)

Missed Midterm/Practical/Final Exam Policy :

A student who misses a midterm/practical/final exam will receive a grade of 0 (0) for that exam. The student must provide a valid excuse for the absence.

Course/University Policies

1. ~~10/1~~

~~Sp/1/20~~

~~Irish
State
Finance
Department~~

~~_____ 1/11~~

~~Sp~~

~~1/11~~

~~-ad 1/11~~

~~1/11~~

2. Academic Offences

~~Sp/1/11~~

~~Sp/1/11~~

~~Ac/1/11~~

Plagiarism

~~Sp/1/11~~

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~~1/11~~

6. Online Proctoring
~~Article 10~~
~~Bylaws~~
~~Article 10~~
personal
information (9) recorded
~~Article 10~~

Affinity