

Western University  
Faculty of Health Sciences  
**School of Kinesiology**

**KIN4276G – Psychology of Body & Movement  
Winter 2022**

<b>Instructor:</b> Dr. Eva Pila <b>Office:</b> Arts & Humanities Bldg Rm 3G12 <b>Email:</b> <a href="mailto:epila@uwo.ca">epila@uwo.ca</a> <b>Phone:</b> 519-661-2111 x80248 <b>Office Hrs:</b> Wednesdays 11:30AM – 12:30PM	<b>Lectures/Seminar:</b> Monday & Wednesday lectures, Friday seminars 10:30-11:20AM <b>Format:</b> In Person SEB2202 ( <i>Synchronous on Zoom while remote teaching in effect</i> ) <b>Teaching Assistants:</b> Kelsey Sick <a href="mailto:ksick@uwo.ca">ksick@uwo.ca</a> MacLean Press <a href="mailto:mpress3@uwo.ca">mpress3@uwo.ca</a> Kirsten Dillon <a href="mailto:kdillon9@uwo.ca">kdillon9@uwo.ca</a>
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**NOTE:** All course information including grades, assignment outlines, deadlines, etc. are available via OWL. Check the website regularly for course announcements.

**Calendar Course Description (including prerequisites/anti-requisites):**

This course will explore psychological theory and application of body image as it applies to the context of kinesiology. Body image conceptualization, measurement, and intervention will be discussed, ranging from psychopathology to positive embodiment. The role of the body contextualized to *movement* (e.g., exercise, sport) will be a particular focus.

**Prerequisite(s):** Permission of Kinesiology.

**Recommended:** Completion of KIN2276A is required prior to taking this course.

**Extra Information:** 3 x 1 hour lecture/seminar per week.

*You are responsible for ensuring that you have successfully completed all course pre-requisites, and that you have not taken an anti-requisite course. Unless you have either the requisites for this course or written special permission from your Dean to enroll in it, you may be removed from this*





## COURSE SCHEDULE

	Dates	Topics (Subject to Change)	Required Readings
Week 1			

the course for their private or group study purposes. Please contact the instructor if you have any concerns related to session recordings. Participants in this course are not permitted to record the sessions, except where recording is an approved accommodation, or the participant has the prior written permission of the instructor.

### **Masking Guidelines**

Students will be expected to wear triple layer, non-medical, paper masks at all times in the classroom as per University policy and public health directives. Students who are unable to wear a mask must seek formal accommodation through Western Accessible Education, and present medical documentation. Students are not permitted to eat or drink while in class to ensure masks stay in place. Students will be able to eat and drink outside of the classroom during scheduled





**Online Etiquette:** Some components of this course will involve online interactions. To ensure the best experience for both you