# Western University Faculty of Health Sciences School of Kinesiology

# KIN 2000B - Physical Activity and Health Winter 2021

<b>Instructor:</b> Dr. Cassie Ellis		Lecture	s:	Thursdays 10:30am-12:30pm		
Email: \$2@\@			Room: SSC 2050 Link to Classroom			
<b>Office Hrs:</b> Office Hours held by TAs. TBD.		Zoom li	Zoom link for virtual learning will be provided			
Virtual appointments with the Instructor to be schedule		on OWI	on OWL before first class.			
by appointment via request by email.		Instruct	<b>Instruction Mode:</b> Blended: lectures in-person,			
TAs:		asynchro	asynchronous online component			
Cohen, Noah	ncohen25@uwo.ca					
Alizaeh, Erin	ealizad@uwo.ca					
Henke, Daniel	dhenke@uwo.ca					
Hellal, Marwan	mhellal@uwo.ca					

**NOTE:** All course information including grades, assignment outlines, deadlines, etc. are available via OWL. Check the website regularly for course announcements.

# ${\bf Calendar\ Course\ Description\ (including\ prerequisites/anti-requisites):}$

The course focuses on the signifi incie includint

-being.

# **Assistance with Class Material**

- The preferred means for students to get assistance with course material requirements is to ask questions during lectures. Remember, it is unlikely that you are the only one with the question/problem.
- A second option is to ask the course instructor or TAs during office hours, or before or after class. It is also possible to contact the course instructor via email; however, the sheer number of students in this course may not allow for a timely response.

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#### 4. Health and Wellness:

Information regarding health and wellness-related services available to students may be found at <a href="http://www.health.uwo.ca/">http://www.health.uwo.ca/</a>.

Students who are in emotional/mental distress should refer to Mental Health@Western (<a href="http://www.health.uwo.ca/">http://www.health.uwo.ca/</a>) for a complete list of options about how to obtain help.

## 5. Support Services

There are various support services around campus and these include, but are not limited to:

- 1. Student Development Centrentp://www.sdc.uwo.ca/ssd/
- 2. StudenHealth & Wellness- http://www.health.uwo.ca/
- 3. Registrar's Office -http://www.registrar.uwo.ca/
- 4. Ombudsperson Office <a href="http://www.uwo.ca/ombuds/">http://www.uwo.ca/ombuds/</a>

## 6. Accommodation, Illness Reporting and Academic Considerations:

http://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page\_12

#### **Accommodation Policies**

Students with disabilities work with Accessible Education (formerly SSD) which provides recommen

Students should consult the University's list of recognized religious holidays, and should give reasonable notice in writing, prior to the holiday, to the Instructor and an Academic Counsellor if their course requirements will be affected by a religious observance. Additional information is given in the <a href="Western Multicultural Calendar">Western Multicultural Calendar</a>.

7. **Examination Conflicts**: A student with examinations having flexible submission times (e.g., where one or more examination is a take-home examination) cannot request alternative arrangements unless a conflict cannot be avoided by rescheduling writing the exam to a different time within the window specified by the instructor. This applies to direct conflicts as well as "heavy load" conflicts (e.g., three exams within a 23-hour period). The student should discuss any concerns about a potential conflict and/or request accommodation with their academic counselling unit prior to the deadline to drop a course without academic penalty

In the case of online examinations, an "Examination Conflict Room," which may be assigned when a student is scheduled to write two proctored exams concurrently, will be interpreted as arrangements for continuous proctoring.

8. **Grades**: Where possible assignment objectives and rubrics will be posted on OWL. Should you have a concern regarding the grade you received for an assignment or feel that it is unfair in any way, you must wait 24 hours from the obj2826(htt)523 (1)TJObj[TJO8 TD[(242000f)3.5(4.5 (20)).8 (c)-45T(J)5921(28)e)0.8. (c)(0.6.1[(n))5821(50Bj)5.8(-f))