

Western University  
Faculty of Health Sciences  
**School of Kinesiology**

**KIN 3335 - Leadership in Physical Activity  
(Kinesiology)  
Fall 2020/Winter 2021**

**Course Description:**

A course that examines the historical and contemporary approaches to leadership and provides students with the opportunities to apply the concepts in their personal and professional lives. Several leadership theories and applications will be reviewed and analyzed. Reflection activities and assignments will be integrated into the course to ensure deep learning and application.

**Learning Outcomes/Schedule:**

Upon completion of this course, students will be able to:

1. understand concept of leadership and its theoretical development
2. apply the concept of leadership (personal and professional applications) to a wide range of areas
3. learn from leaders in the industry and have them reflect on their leadership practices



Week 11 Vision and Leadership  
(November 18)

Week 12 Seminar Groups - 3-page Mini Paper #3 The Leader in Me Leading my life and career  
(November 25)

Page 1 Describe yourself as a leader your strengths and areas of challenge at this time in your life.

Page 2 Describe how your colleagues in 2040 will describe you as a leader in 2040

Page 3 What action steps will you need to put in place to make this plan a reality

Week 13 Open Slot to be filled once mid-term examination date is set.  
(December 2)

Week 14 Overview of the The 5C Leader  
Discussion on the 5C Diagnostics  
(January 6)

Week 15 Moderated panel presentation of top leaders from Kinesiology (coaching, athletic administration, fitness, volunteer organizations) and their approaches to leadership  
(January 13)

Week 16 Seminar Groups  
(January 20)

Reflection on the Guest Speakers

3 page Mini-paper #4 Reflections of Top Leaders

Page 1 what were the key messages

Page 2 what were the most enlightening aspects of the presentations for you? What was the most surprising thing that you heard from the speakers? What follow-up questions would you have for these speakers?

Page 3 Connect two concepts that you hear from the leadership literature discussed in this class.

Week 17 Diversity and Leadership  
Communication/Engagement and Leadership  
(January 27)

Week 18 Emotional Intelligence what it is and why it is so critical to effective leadership  
(February 3)

Week 19 Seminar Groups 5C Leader Assessments and Reflection  
(February 10)

3 page Mini-paper #5

Page 1 methodology/logistics

Page 2 results and discussion  
Page 3 key findings and development plans

Week 20 Spring Break  
(February 17)

Week 21 What is the connection between leadership and organizational culture?  
(February 24)

Week 22 Are leaders born or made?  
(March 3)

Week 23 The Leadership Lifecycle  
(March 10)

Week 24 New thinking in leadership, servant leadership, authentic leadership,  
emotional intelligence, character and leadership. latest trends, return look

seminar presentations (5%) and participation in the discussions (2%) will be graded for each seminar. Students will receive a grade at the mid-term point in the class.

## **2. Mentorship Report and presentation (15%)**

Students will submit their assessment of their mentorship experience and discuss it in the Week 25 seminar. The written assignment is due at 12:01 a.m. on the day of the seminar (Week 25). It should incorporate class content and the assigned readings. presentations (10%) and participation in the discussions (5%) will be assessed.

## **3. Mid Term Examination (20%)**

Covering all course materials, content from lectures, videos, assigned readings, and seminar presentations. Format will be a series of recognition, recall and application questions and cover content over the course of the Fall term. Study groups are strongly recommended.

## **4. Final Examination (30%)**

Covering all course materials, content from lectures, videos, assigned readings, and seminar presentations. Format will be a series of recognition, recall and application questions and cover content covering the entire course (60% from the Winter term). Study groups are strongly recommended.

Notes:

1. Tests and examinations in this course will be conducted using Zoom or some other option TBD. If competed via Zoom students will be required to keep their camera on for the entire session, hold up their student card for identification purposes, and share their screen with the invigilator if asked to do so at any time du2n[n0 G[%))11(et)4(ed )4(v)11(i)-a2nknEMC /Span #28v7of2.27e

asynchronously (e.g., posted on OWL for students to view at their convenience). The grading scheme will not change. Any remaining assessments will also be conducted online as determined by the course instructor.

5. Some components of this course will involve online interactions. To ensure the best experience for both you and your classmates, please honour the following rules of etiquette:
  - please "arrive" to class on time
  - please use your computer and/or laptop if possible (as opposed to a cell phone or tablet)
  - ensure that you are in a private location to protect the confidentiality of discussions in the event that a class discussion deals with sensitive or personal material
  - to minimize background noise, kindly mute your microphone for the entire class until you are invited to speak, unless directed otherwise
  - in order to give us optimum bandwidth and web quality, please turn off your video camera for the entire class unless you are invited to speak
  - o please be prepared to turn your video camera off at the instructor's request if the internet connection becomes unstable
  - unless invited by your instructor, do not share your screen in the meeting
  - o
    - the course instructor will act as moderator for the class and will deal with any questions from participants. To participate please consider the following:
      - o if you wish to speak, use the "raise hand" function and wait for the instructor to acknowledge you before beginning your comment or question
      - o remember

## 1. **Statement on Use of**

their use (Guidelines are shown below). Instructors are to communicate clearly to students information on how clickers may be used by the instructor for data gathering and for evaluating the students, and why they cannot be used by anyone but the student (since the students involved in misuse of a clicker may be charged with a scholastic offence).

2. **Academic offences:** They are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, at the following Web site: [https://www.uwo.ca/univsec/pdf/academic\\_policies/appeals/scholastic\\_discipline\\_undergrad.pdf](https://www.uwo.ca/univsec/pdf/academic_policies/appeals/scholastic_discipline_undergrad.pdf)

A) Students must write their essays and assignments in their own words. Whenever students take an idea, or a passage from another author, they must acknowledge their debt both by using quotation marks where appropriate and by proper referencing such as footnotes or citations. Plagiarism is a major academic offence (see Scholastic Offence Policy in the Western Academic Calendar). All required papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between Western University and Turnitin.com

1. Student Development Centre -- <http://www.sdc.uwo.ca/ssd/>
2. Student Health & Wellness -- <http://www.health.uwo.ca/>
3. -- <http://www.registrar.uwo.ca/>
4. Ombudsperson Office -- <http://www.uwo.ca/ombuds/>

6. **Documentation for Academic Accommodation (Illness, Medical/Non-Medical Absences):**  
[http://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page\\_12](http://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page_12)

Students who experience an extenuating circumstance (illness, injury, or other extenuating circumstance) sufficiently significant to temporarily render them unable to meet academic requirements may submit a request for academic consideration through the following routes:

- (i) Submitting a Self-Reported Absence (see below for conditions)
- (ii) For medical absences exceeding 48 hours, submitting a Student Medical Certificate (SMC) signed by a licensed medical or mental health practitioner to their Academic Counselling in their Faculty of registration in order to be eligible for Academic Consideration; or
- (iii) For non-medical absences exceeding 48 hours, submitting appropriate documentation (e.g., obituary, police report, accident report, court order, etc.) to Academic Counselling in their Faculty of registration in order to be eligible for academic consideration. Students are encouraged to contact their Academic Counselling unit to clarify what documentation is appropriate.

Students seeking academic consideration **must communicate with their instructors no later than 24 hours** after the end of the period covered by either the self-reported absence or SMC, or immediately upon their return following a documented absence.

**The following conditions are in place for self-reporting of medical or extenuating circumstances:**

- a. a maximum of two self-reported absences between September and April and one self-reported absence between May and August;
- b. any absences in excess of the number designated in clause a above will require students to present a Student Medical Certificate (SMC) or appropriate

7. **Grades:** Where possible assignment objectives and rubrics will be posted on OWL. Should you have a concern regarding the grade you received for an assignment or feel that it is unfair in any way, you must wait 24 hours from the receipt of the assignment to approach the instructor or TA. In doing so, please make an appointment and prepare in writing, with evidence, why you feel your grade is inappropriate. Please be aware that in requesting a grade reassessment, your grade could go up/down/or stay the same. Note that calculations errors (which do occur!) should be brought to my attention immediately.

Generally, students can expect some form of feedback on their performance in a course before the drop date.

November 12th, 2020 (for first term half-courses)  
November 30th, 2020 (for full-year courses)  
March 7th, 2021 (for second term half-or full year courses)

A+	90-100	<i>One could scarcely expect better from a student at this level</i>
A	80-89	<i>Superior work that is clearly above average level</i>