

**School of Kinesiology
Faculty of Health Sciences
Western University
KINESIOLOGY 4560A**

Welcome to Advanced Topics in Musculoskeletal Rehabilitation!

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Office Hours: I am happy to meet with you daily between 7 am-2 pm by appointment

<u>Class Times and Location:</u>	Lecture	4 hours/week	TH1102 or 3102
	Tuesday	11:30 1:30	
	Thursday	11:30 1:30	

NOTE: All course information is available via OWL.

Calendar Course Description

Students will build on previous knowledge gained throughout their undergraduate classes and apply them to all aspects of the rehabilitation process, including evidence based practice, clinical assessment/treatment techniques, therapeutic modalities and charting.

My Course Description:

Life is a hands-on experience. So is this class! Like a giant game of Jenga, we will be building on past knowledge and incorporating new knowledge and practical skills to create an effective evidence-based rehabilitation repertoire, that you can put to work immediately! On completion students will also take with them an evidence-based portfolio generated by amalgamating the CATs created by the entire class.

Learning Objectives:

Upon completion of this course students will be able to:

Synthesize research and theoretical knowledge as it relates to a particular research topic and present in the form of a Critically Appraised Paper (CAP) and Critically Appraised Topic (CAT)

Pre-requisites: Kin 3336A/B

You are responsible for ensuring that you have successfully completed all course pre-requisites, and that you have not taken an anti-requisite course. Lack of a pre-requisite or the completion of an anti-requisite cannot be used as a basis for appeal. If you are found ineligible for a course, you may be removed from it at any time and you will receive no adjustment to your fees. This decision cannot be appealed.

Course Evaluation Summary

CAP	10%	September 29 at 1:20 pm*
Infographic	15%	Due October 25 on-line at 11:00 pm*
Midterm	25%	Nov 6 Room TBA
Practical	25%	December 4th (noon-8 pm)
Final	25%	Date TBA

*Late submissions will not be accepted and will be graded as 0.

Practical assessments will be completed on December 5th. 10 minute practical exam and a 45 minute scenario based written component. Specifics regarding content will be given during the course.

Textbook: It is expensive, but will be a great resource for those who want to continue in any way in the rehabilitation field.

Houglum, Peggy. Therapeutic Exercise for Musculoskeletal Injuries, 4th edition, Human Kinetics, Windsor, 2016

Date	Topic	Chapter
Sept 29	Lecture 5 Concepts of Healing	CAP due!

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 appropriate Academic Counselling office of the student WYDF0W6FKRRORIUHJLVWUDWLRQKHVH
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https://www.uwo.ca/fhs/kin/undergrad/files/accommodation_request.pdf

Grades: Where possible assignment objectives and rubrics will be posted on OWL. Should you have a concern regarding the grade you received for an assignment or feel that it is unfair in any way, you must wait 24 hours from the receipt of the grade to approach the instructor or TA. In doing so, please make an appointment and prepare in writing, with evidence, why you feel your grade is inappropriate. Please be aware that in requesting a grade reassessment, your grade could go **up/down/or stay the same**. Calculations errors (which do occur!) should be brought to my attention immediately. Note that calculations errors (which do occur!) should be brought to my attention immediately.

At least 15% of course grades will be posted by the last day to drop a course.

A+	90-100	<i>One could scarcely expect better from a student at</i>
A	80-89	<i>Superior work that is clearly above average</i>
B	70-79	<i>Good work, meeting all requirements and eminently</i>
C	60-69	<i>Competent work, meeting requirements</i>
D	50-59	<i>Fair work, minimally acceptable.</i>
F	below 50	<i>Fail</i>

Scholastic offences: They are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, at the following Web site: http://www.uwo.ca/univsec/handbook/appeals/scholastic_discipline_undergrad.pdf.

D) During Lectures and Tutorials:

SUPPORT SERVICES

There are various support services around campus and these include, but are not limited to:

1. *Student Development Centre* -- <http://www.sdc.uwo.ca/ssd/>
2. *Student Health & Wellness* -- <http://www.health.uwo.ca/>
3. *Registrar's Office* -- <http://www.registrar.uwo.ca/>
4. *Ombudsperson Office* -- <http://www.uwo.ca/ombuds/>

STUDENT CODE OF CONDUCT

The purpose of the Code of Student Conduct is to define the general standard of conduct expected of students registered at Western University, provide examples of behaviour that constitutes a breach of this standard of conduct, provide examples of sanctions that may be imposed, and set out the disciplinary procedures that the University will follow. For m.