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Faculty of Health Sciences
School of Kinesiology
Kinesiology 3363B ʹ Exercise, Sport, and the Body in Western Culture
Winter 2019

Instructor: Bob Barney (b2)
Office: Alumni Hall. Rm. 11-J
Office Hours: By appointment with instructor
Email: rkbarney@uwo.ca
Course Meeting Place and Time: 3M Building, Room 3250, M-W-F, 11:30-12:30

Introduction:
Exercise, Sport, and the Body in Western Culture is a survey history of exercise traditions, sport practices,
and concepts of the body in Western culture from early human experience to the present; it is an analysis
of the cause and effect, form and function of sport, concepts and practices of exercise, physical education,
and the body in our cultural heritage, as developed by people and events over a period of three millennia.
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Course Format, Conduct, and Expectations:
In case there are misconceptions of what this course is

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Assignments and Grading:

A student’s final co urse evaluatio n depends on thr ee ex am inations:

1 . First exam ination: In class; Friday; 1 February 2019 ; 55 m inutes ; 25% of the final grade; 10% of

exam ination based

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Week 7 --- (February 18-22) --- Reading Week
Week 8 --- (Feb. 25/Mar. 1) --- The Rise of Sport and Exercise Systems: Continental
 Europe and Mother England
Week 9 --- (Mar. 4-8) --- Westward Ho: The New World and European Sport
 and Exercise Heritage
2nd Examination on Friday, March 8
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 (55 Minutes)
Week 10 --- (Mar. 11-15) --- Guest Lectures by the Teaching Assistants
Week 11 --- (Mar. 18-22) --- The Rise of Sport and Exercise Prescription in 19th
 Century America
Week 12 --- (Mar. 25-29) --- Challenges Galore: The Issues of Institutional Sport and
 School Physical Education, Sporting Gender, and Racial Equality
 in Late 19
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 and 20th Century American Society
Week 13/14 (Apr. 1-9) --- The Place of Sport, Exercise, and the Body in 19
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 and 20
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 Century Canadian Society
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 and Final Examination --- Date, Time, Place TBA (Two Hours)

Readings:
Week 1 --- None
Week 2 --- Clayton Miles Lehman, “Early Greek Athletic Trainers,” Journal of Sport
 History, Vol. 36, No. 2 (Summer 2009).
Week 3 --- Nina M. Walter, “Orcheistai – Ancient Greek Dance: The Origin of the
 Theater,” Canadian Journal of History of Sport and Physical Education,
 Vol. 4, No. 1 (November 1974).

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Week 4 --- Lawrence Fielding, “Marcus Tullius Cicero: A Social Critic of Sport,” Canadian Journal of History of Sport and Physical Education,” Vol.