LECTURE OBJECTIVES AND SCHEDULE

The following is a guide only. Some topics may be added or deleted.

	The student will be able to demonstrate an understanding of general assessment strategies including subjective/history, selective tissue tension and manual muscle testing by applying the theory to contrived injuries (review/self-study from lab book) To familiarize the student with gross and functional anatomy of the foot and ankle and to develop a competency of structure testing by performing tests on classmates		
Week 1 Sept 10-14		Lec. 1	Introduction to course, course outline and evaluation criteria. Ankle Review
	LAB 1		**Ankle Surface Anatomy & Testing part 1**
		2	Heat/ice and STTT
	Identify and assess structures and compartments of the lower leg including Achilles tendon injuries, MTTP and compartment syndrome.		
Week 2 Sept 17-21		3	Lower leg injuries part 1- High ankle sprains
	LAB 2		**Ankle Part 2**
		4	Lower leg injuries part 2- Achilles tendon injuries and calf strains
Week 3 Sept 24-28		5	Compartment pro 438.W*nBT/F1 12ecS2c25999

	To discuss the gross and functional anatomy of the hip, thigh and relate structure and function to traumatic and overuse injuries.		
Week 6 Oct 15-19		9	Acute Knee injuries Part 2
	LAB 5		**Knee Special Tests**
		10	Thigh Conditions
Week 7 Oct 22-26		11	Hip, groin and pelvis Injuries Upper extremity part 1- clavicle, AC & SC
	LAB 6		**Hip, groin and pelvic injuries**
			**** MIDTERM DURING CLASS TIME**** Includes material to end of lecture 11**
	To discuss the gross and functional anatomy of the shoulder and relate structure and function to traumatic and overuse injuries of the shoulder. The mechanism of injury will be related to athlete history and field approach. To discuss the unique differences in movements and how they contribute to injuries of various overhead sports To be able to identify possible causes of arm, elbow wrist and hand pain based on history and assessment		
Week 8 Oct 29-2		12	Upper extremity part 1- clavicle, AC & SC
	LAB 7		**Surface anatomy shoulder & structure testing.**
		13	Rotator cuff
Week 9 Nov 5-9		14	Shoulder instability
	LAB 8		**Shoulder dislocations and first aid**
		15	The overhead athlete
	To be able to identify possible causes of spine pain based on history and assessment and postural abnormalities Be able to discuss current approaches to concussion assessment and those affected		
Week 10 Nov 12-16		16	Upper arm and elbow Injuries
	LAB 9		**Elbow anatomy, structure, muscle**

documentation is needed.

Whenever possible, students who require academic accommodation should provide notification and documentation in advance of due dates, examinations, etc. Students must follow up with their professors and their Academic Counselling office in a timely manner. Documentation for medical requests for accommodation must be submitted within two (2) business days after the end date on the documentation, to the appropriate

YouTube.com, updating your Facebook status, playing Solitaire), your classroom laptop privileges will be revoked.

Audio and/or videotaping of lectures is not permitted unless approval has been sought from the instructor in advance.

Health and Wellness: As part of a successful undergraduate experience at Western, we encourage you to make your health and wellness a priority. Western provides several on-campus health-related services to help you achieve optimum health and engage in healthy living while pursuing your degree. For example, to support physical activity, all students receive membership in Western's Campus Recreation Centre as part of their registration fees.
Further information regarding health and wellness-related services available to students may be found at http://www.health.uwo.ca/.

Students who are in emotional or mental distress should refer to Mental Health@Western (http://www.uwo.ca/uwocom/mentalhealth/) for a complete list of options about how to obtain help. To help you learn more about mental health, Western has developed an interactive mental health learning module, found here: https://uwo.ca/health/mental_wellbeing/education/module.html.

SUPPORT SERVICES
There are various support services around campus and these include, but are not limited to:
1. *Student Development Centre --* *http://www.sdc.uwo.ca/ssd//*
2. *Student Health & Wellness --* http://www.health.uwo.ca/
3. *Registrar's Office --* *http://www.registrar.uwo.ca/*
4. *Ombudsperson Office --* *http://www.uwo.ca/ombuds/*

STUDENT CODE OF CONDUCT
The purpose of the Code of Student Conduct is to define the general standard of conduct expected of students registered at Western University, provide examples of behaviour that constitutes a breach of this standard of conduct, provide examples of sanctions that may be imposed, and set out the disciplinary procedures that the University will follow. For more information, visit
https://www.uwo.ca/univsec/pdf/board/code.pdf

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