

School of Kinesiology
Faculty of Health Sciences
Western University

**KIN 2962B Physical Activity for Specific Populations
Winter 2019**

Instructor: Jason Kaszycki

Office Hours: by appointment

Lectures 001: Fr 2:30PM-3:30PM
Somerville House Rm 3345

Phone: 519-661-2111 x
Email: jkaszycki@uwo.ca

Labs 002: Mo/We 2:30PM-4:30PM
Western Student Rec Ct
Purple Gym

Labs 003: Tu/Th 2:30PM-4:30PM
Western Student Rec Ct
Purple Gym

Course Format:

Lectures & Labs: See information on top of page 1 of this syllabus

Location: See information on top of page 1 of this syllabus

Lectures, group discussion, and “field trips” to gain knowledge and understanding of, barriers associated with each specific population, research and trends related to each population, and activity and exercise programs for each population.

Activity sessions to engage in:

1. A variety of activities, muscular strength, muscular endurance, flexibility, and aerobic exercise specific to select populations.
2. Help students understand and gain kinetic awareness of potential barriers associated with each of the selected populations covered in this course.
3. The creation and implementation of individualized exercise training programs for specific populations.

Due to the nature of this course, students will require the use of a bus pass, or a reliable method of transportation, to facilities off-campus and/or within the London community.

Recommended Text: All required course content will be posted on OWL. Students will be required to

Course/University Policies

1. **Lateness/Absences:** Assignments will not be accepted late, except under medical or other compassionate circumstances. Electronic submission of assignments will not be accepted (unless otherwise specified) under any circumstances. Submitting a late assignment without appropriate documentation will result in a zero (0) grade. Appropriate documentation for assignments worth less than 10% should be submitted to the instructor. A missed mid-term examination, if applicable without appropriate documentation will result in a zero (0) grade.

2. **Documentation for Accommodation (Illness, Medical/Non-Medical Absences):**

https://www.uwo.ca/univsec/pdf/academic_policies/appeals/accommodation_illness.pdf

The University recognizes that a student's ability to meet his/her academic responsibilities may, on occasion, be impaired by medical illness. Illness may be acute (short term), or it may be chronic (long term), or chronic with acute episodes. The University further recognizes that medical situations are deeply personal and respects the need for privacy and confidentiality in these matters. However, in order to ensure fairness and consistency for all students, academic accommodation for work representing 10% or more of the student's overall grade in the course shall be granted only in those cases where there is documentation indicating that the student was seriously affected by illness and could not reasonably be expected to meet his/her academic responsibilities.

A UWO Student Medical Certificate (SMC) is required where a student is seeking academic accommodation. This documentation should be obtained at the time of the initial consultation with the physician or walk-in clinic. An SMC can be downloaded under the Medical Documentation heading of the following website:

http://www.uwo.ca/univsec/pdf/academic_policies/appeals/medicalform.pdf

Documentation is required for non-medical absences where the course work missed is more than 10% of the overall grade. Students may contact their Faculty Academic Counselling Office for what documentation is needed.

Whenever possible, students who require academic accommodation should provide notification and documentation in advance of due dates, examinations, etc. stating specific reasons and dates. Students must follow up with their professors and their Academic Counselling office in a timely manner. Documentation for medical requests for accommodation must be submitted within two (2) business days after the end date on the documentation, to the appropriate Academic Counselling Office of the student's Faculty of registration. For KIN students, you may go to the School of Kinesiology in 3M Centre room 2225 **NOT** to the instructor. It will be the Academic Counselling office that will determine if accommodation is warranted.*

An "Accommodation Consideration Request Form" found online

https://www.uwo.ca/fhs/kin/undergrad/files/accommodation_request.pdf or in the Kinesiology Undergraduate Office" for ALL accommodation requests must be submitted into the appropriate Academic Counselling office of the student's Faculty/School of registration. These documents will be retained in the student's file, and will be held in confidence in accordance with the University's Official Student Record Information Privacy Policy.

3. **Grades:** Where possible assignment objectives and rubrics will be posted on OWL. Should you have a concern regarding the grade you received for an assignment or feel that it is unfair in any way, you must wait 24 hours from the receipt of the assignment to approach the instructor or TA. In doing so, please make an appointment and prepare in writing, with evidence, why you feel your grade is inappropriate. Please be aware that in requesting a grade reassessment, your grade could go up/down/or stay the same. Note that calculations errors

15% of course grades will be posted by the last day to drop a course.

A+	90-100	One could scarcely expect better from a student at this
A	80-89	Superior performance (6W*nB 020251 mS/2462 reW*n /AD

