# School of Kinesiology Faculty of Health Sciences Western University

# KIN 2922T Badminton Winter 2019

Instructor: Todd Sargeant Email: tsargea2@uwo.ca

**Sect 004**: Tu/Th 12:30PM-2:30PM

Western Stdnt Rec Cen-Green Gym

Fri 12:30PM-1:30PM

Western Stdnt Rec Cen-Green Gym

**NOTE:** All course information including grades, assignment outlines, deadlines, etc. are available via OWL. Check the website regularly for course announcements.

# **Course Description:**

This course is designed to present the student with the fundamental skills, techniques, rules, strategies and tactics of badminton play. The development of skill technique and execution, together with playing ability will be the primary focus.

# Anti-requisite(s)!Pre-requisite(s)!Co-requisite(s

You are responsible for ensuring that you have successfully completed all course pre-requisites, and that you have not taken an anti-requisite course.

Unless you have either the requisites for this course or written special permission from the course department to enroll in it, you may be removed from this course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites.

### **Course Format:**

Lectures (day & time): see above.

Practical activity classes will take place in the TH Gym). Four hours scheduled per week and classroom session on the Fridays.

Recommended Text: None.

# **Course Objectives:**

To develop the fundamental skills of badminton.

To provide a basic knowledge of rules, equipment, techniques, and the strategies and tactics of badminton.

Through instruction, drill, and play, to enable the student to demonstrate the basic skills and knowledge of badminton.

To enable the student to analyze the basic skills of badminton and develop the ability to detect and correct common errors of technique and execution.

To help the student apply basic biomechanical principles to analyze and evaluate badminton skill

Students will be responsible for handouts, readings, video provided throughout the course. Students will also be responsible for content presented during class.

## **Instructional Methods:**

Lecture and written materials.

Demonstration, drill, and practice.

Play in various formats; singles, doubles, and some mixed doubles. Round robin tournament in both formats.

The student should keep a log of activities presented in class.

# **Course Content:**

#### A. Skills

Grip; forehand/backhand.

Stance and ready position.

Movement on the court: to the net, baseline, and sideline.

Serves: high and long; low and short; drive. Doubles short; flick.

Service return(s): stance / racket.

Underhand strokes: clear off forehand and backhand

Overhead strokes: clear off forehand and backhand; smash off forehand and

backhand; drop off forehand and backhand.

Sidearm strokes: drive shots (down the line and cross-court).

Net play: hairpin drop off forehand and backhand; tumble

Blocks: straight, angled, and drop.

# B. Knowledge(s)

Rules: the playing court.

Serving and scoring. Lets and faults. Format of play; singles and doubles Safety issues on and off the court. Etiquette; conduct on and off the court.

# C. Strategy and Tactics

Offensive and defensive.

Serving and receiving the serve.

Singles vs. doubles (mixed doubles).

Angle of return and positioning

# D. Play

Competitive drill

Single, doubles, some mixed doubles play.

Round robin singles, doubles.

Student Evaluation: 60% allocation to skill, 30% to theory and 10% to attendance

# 1. Skill Testing:

This will occur over a few different days towards the end of the semester. Students will be given notification with regards to what skills will be tested and how they will be tested before the specific testing dates. Skills may include a variety of serves, both clears, as well as net play.

Total for skill testing: 40%

Evaluation of student during class instruction, drill execution, and tournament class play will be assessed by instructor and have a maximum total of 20%.

Attendance and attitude will be noted, having a total of 10%.

# 2. Knowledge Tested

Final written examination, one hour in length. Value: 030%
This Written Exam will be held during the FINAL WEEK of scheduled class

# **Course/University Policies**

- 1. Lateness/Absences: Assignments are due as per the instructor and will not be accepted late, except under medical or other compassionate circumstances. Electronic submission of assignments will not be accepted (unless otherwise specified) under any circumstances. Submitting a late assignment without appropriate documentation will result in a zero (0) grade. Appropriate documentation for assignments worth less than 10% should be submitted to the instructor. A missed mid-term examination, if applicable without appropriate documentation will result in a zero (0) grade. The course policy is not to allow make-ups for scheduled midterms, presentations or final exams, nor to assign a grade of Incomplete without acceptable and verifiable medical (or equivalent compassionate) reasons. Acceptable reasons might include hospital stays, serious illness, family emergencies (like serious accidents or illness, death) or similar circumstances
- 2. Documentation for Accommodation (Illness, Medical/Non-Medical Absences): <a href="https://www.uwo.ca/univsec/pdf/academic\_policies/appeals/accommodation\_illness.pdf">https://www.uwo.ca/univsec/pdf/academic\_policies/appeals/accommodation\_illness.pdf</a>

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A UWO Student Medical Certificate (SMC) is required where a student is seeking academic accommodation. This documentation should be obtained at the time of the initial consultation with the physician or walk-in clinic. An SMC can be downloaded under the Medical Documentation heading of the following website:

http://www.uwo.ca/univsec/pdf/academic policies/appeals/medicalform.pdf

Documentation is required for non-medical absences where the course work missed is more than 10% of the overall grade. Students may contact their Faculty Academic Counselling Office for what documentation is needed.

- 5. **Formatting** (as recommended by the course instructor): example- APA style is the approved style of writing for all assignments produced for this course. Please refer to Western University Library webpage for information on citation style and format or consult the APA publication manual: Publication manual of the American Psychological Association (6th ed.). (2009). Washington, DC: American Psychological Association.
- 6. According to the **Examination Conflict policy**, Please see the Office of the Registrar policy on Exam Conflict and Multiple Exam Situations <a href="https://www.registrar.uwo.ca/examinations/exam\_schedule.html">www.registrar.uwo.ca/examinations/exam\_schedule.html</a>

This policy does NOT apply to mid-term examinations. There will be no make-up for the mid-term exam. Students who miss th

#### STUDENT CODE OF CONDUCT

The purpose of the Code of Student Conduct is to define the general standard of conduct expected of students registered at Western University, provide examples of behaviour that constitutes a breach of this standard of conduct, provide examples of sanctions that may be imposed, and set out the disciplinary procedures that the University will follow. For more information, visit <a href="https://www.uwo.ca/univsec/pdf/board/code.pdf">https://www.uwo.ca/univsec/pdf/board/code.pdf</a>

# ENGLISH PROFICIENCY FOR THE ASSIGNMENT OF GRADES

Visit the website <a href="http://www.uwo.ca/univsec/pdf/academic policies/exam/english.pdf">http://www.uwo.ca/univsec/pdf/academic policies/exam/english.pdf</a>

#### SUPPORT SERVICES

There are various support services around campus and these include, but are not limited to:

- 1. Student Development Centre -- http://www.sdc.uwo.ca/ssd//
- 2. Student Health & Wellness -- http://www.health.uwo.ca/
- 3. -- http://www.registrar.uwo.ca/
- 4. Ombudsperson Office -- http://www.uwo.ca/ombuds/