

School of Kinesiology  
Faculty of Health Sciences  
Western University

**KIN 4437A – Medical Issues in Exercise and Sport  
Fall 2017**

<b>Instructor:</b> Dr Lisa K Fischer	<b>Office:</b> FKSMC 3M Centre
<b>Location:</b> Physics & Astronomy Bldg Rm 106	<b>Office Hours:</b> by appointment only
<b>Lectures:</b> Wed 1:30PM-3:30PM	<b>Phone:</b> 519-661-2111 x 88937 (Kristen)
	<b>Email:</b> kelston@uwo.ca
<b>TA:</b> TBD	
<b>Email:</b> TBD	

**NOTE:** All course information including grades, assignment outlines, deadlines, etc. are available via OWL. Check the website regularly for course announcements.

**Calendar Course Description:**

An introduction to a very broad range of selected medical topics relating to the diagnosis, treatment and rehabilitation for the active individual ranging from the “weekend warrior” to the elite or professional athlete. The medical topic focus will give students an exposure to various aspects of care as it related to exercise and sport participation.

**My Course Description:**

This course is intended to provide you with an overview of various medical issues as it applies to relevant sport and exercise medicine. Throughout the course, you are expected to participate and present on sport topics and injuries to the class. By the end of this course, you will have an understanding of some selected medical issues that may affect an athlete.

**Anti-requisite(s)!Pre-requisite(s)!Co-requisite(s)**

You are responsible for ensuring that you have successfully completed all course pre-requisites, and that you have not taken an anti-requisite course.

Unless you have either the requisites for this course or written special permission from the course department to enroll in it, you may be removed from this course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites.

**Course Format:** Lectures

Wednesday 1:30pm-3:30pm - Physics & Astronomy Building Room 106

**Recommended Text:** Peter Brukner and Karim Khan “Clinical Sports Medicine” 4<sup>th</sup> edition, McGraw Hill

**Learning Objectives:**

Upon completion of this course, students will be able to:

- 1. **Identify and delineate** theoretical terms, concepts, and philosophies related to ... (Knowledge)
- 2. **Compare and contrast** theoretical approaches to sport-in-development. (Analysis)
- 3. **Synthesize** research and theoretical knowledge as it relates to a particular research topic. (Comprehension)
- 4. **Develop** skills in presentations pertaining to each student’s particular area of interest (Application)
- 5. **Further develop** abilities to *critically reflect* upon own learning and relate to the topics discussed in class. (Reflection)

**Required Course Material:**

All required readings will be posted on OWL.

**Course Evaluation Summary:** (this is an example)

1. Two Minutes – Two Slides Presentations	15%
2. Mid Term Exam (October 25, 2017)	40%
3. Final Exam	45%

**Course Evaluation Details:** \*(this is an example)

**1. Two Minutes – Two Slides (15%)**

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## Course/University Policies

1. **Lateness/Absences:** Assignments are due at the beginning of class on the assigned due date and will not be accepted late, except under medical or other compassionate circumstances. Electronic submission of assignments will not be accepted (unless otherwise specified) under any circumstances. Submitting a late assignment without appropriate documentation will result in a zero (0) grade. Appropriate documentation for assignments worth less than 10% should be submitted to the instructor. A missed mid-term examination without appropriate documentation will result in a zero (0) grade. The course policy is not to allow make-ups for scheduled midterms, presentations or final exams, nor to assign a grade of Incomplete without acceptable and verifiable medical (or equivalent compassionate) reasons. Acceptable reasons might include hospital stays, serious illness, family emergencies (like serious accidents or illness, death) or similar circumstances.
2. **Written documentation:** Students who require academic accommodation should provide notification and documentation in advance of due dates, examinations, etc. stating specific reasons and dates. Students must follow up with their professors and their Academic Counselling office in a timely manner. Documentation for any request for accommodation shall be submitted directly, as soon as possible, to the appropriate Academic Counselling office of the student's Faculty/School of registration (ex. KIN students ~ KIN Undergraduate Office), **not** to the instructor, with a request for relief specifying the nature of the accommodation being requested. In the event of a medical request, the documentation should be obtained at the time of the initial consultation with the physician or walk-in clinic. An "Accommodation Consideration Request Form" found online or in the Kinesiology Undergraduate Office" for **ALL** such accommodation requests must be submitted into the appropriate Academic Counselling office of

