

School of Kinesiology
Faculty of Health Sciences
Western University

KIN 3421A

Course Format:

Lectures Monday, Wednesday, Friday 11:30am-12:30pm

Location FIMS & Nursing Bldg 1220

Recommended Text: None.


Learning Objectives:

Upon completion of this course students will be able to:

1. **Identify and delineate** the origin of Professional Kinesiology and its place within the Ontario healthcare system, the core competencies of a Professional Kinesiologist as defined by the College of Kinesiologists of Ontario, as well as theoretical terms, concepts, and philosophies related to the profession. (Knowledge)
2. **Compare and contrast** Professional Kinesiology practice settings, program models, clinical skills/decisions, and digital solutions pertaining to the profession. (Analysis)
3. **Synthesize** research and practical knowledge about the Professional Kinesiology profession and determine

the main barriers to broad 'integration' of Professional Kinesiology into Ontario's health and wellness sector is lack of funding.

In this era of fiscal constraint, and with our aging population, please argue **FOR** or **AGAINST** extended funding for Professional Kinesiology services in Ontario in a 1-page policy brief. You may decide to zero your argument in on one or two specific Professional Kinesiology services (refer to PK 'scope of practice' for list of services) that you think warrant additional funding, or you may choose to make a case for Professional Kinesiologists in general. Also, in this policy brief, your 'audience' should be **EITHER** Ontario's Deputy Minister of Health, or an insurance company decision-maker. Each has distinct but similar set of concerns which you should outline in the 'Introduction'. For instance, the Deputy wants to spend taxpayer dollars as effectively and efficiently as possible, but also needs to help the government of the day achieve their policy objectives. On the other hand, the insurance company decision-maker wonders how she can reduce the cost burden that chronic disease medications and short- and long-term disability her company shoulders.



The policy brief should include the following elements (subject to change; more detail to follow):

- 1) Short and Catchy Title (10 words or less; 1 point)
- 2) Executive Summary (75 words or less; 3 points)
- 3) Introduction (3 points)
- 4) Evidence Supporting Policy Option (5 points)
- 5) Conclusion (2 points)
- 6) Recommendation (2 points)
- 7) Reference section (3 points)

3. Class participation/Pop-quizzes (2x7.5%=15%)

THREE pop quizzes will be given at the beginning of three separate classes with the purpose of testing knowledge gained through weekly readings. The TOP TWO scores will be used to calculate the total 'pop quiz' mark out of 15% (so students can drop their lowest score). The quizzes will be in a multiple-

4. **Scholastic offences:** They are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, at the following Web site:

http://www.uwo.ca/univsec/handbook/appeals/scholastic_discipline_undergrad.pdf.

A) Students must write their essays and assignments in their own words. Whenever students take an idea, or a passage from another author, they must acknowledge their debt both by using quotation marks where appropriate and by proper referencing such as footnotes or citations. Plagiarism is a major academic offence (see Scholastic Offence Policy in the Western Academic Calendar). All required papers may be subject

STUDENT CODE OF CONDUCT

The purpose of the Code of Student Conduct is to define the general standard of conduct expected of students registered at Western University, provide examples of behaviour that constitutes a breach of this standard of conduct, provide examples of sanctions that may be imposed, and set out the disciplinary procedures that the University will follow. For more information, visit <http://www.uwo.ca/univsec/board/code.pdf>

ENGLISH PROFICIENCY FOR THE ASSIGNMENT OF GRADES

Visit the website <http://www.uwo.ca/univsec/handbook/exam/english.pdf>

SUPPORT SERVICES

There are various support services around campus and these include, but are not limited to:

1. Student Development Centre -- <http://www.sdc.uwo.ca/ssd/>
2. Student Health -- <http://www.shs.uwo.ca/student/studenthealthservices.html>
3. Registrar's Office -- <http://www.registrar.uwo.ca/>
4. Ombuds Office -- <http://www.uwo.ca/ombuds/>

Students who are in emotional/mental distress should refer to Mental Health@Western <http://www.uwo.ca/uwocom/mentalhealth/> for a complete list of options about how to obtain help.”

Tentative Weekly Schedule

Date	Topic	Readings (Posted on OWL)
September 8	Introduction to Professional Kinesiology (PK) in Ontario	TBD
September 11	Introduction to PK in Ontario (cont'd)	
September 18	PK Practice: Scope, Settings, Models <i>*Assignment this week</i>	
September 25	Professionalism	
October 2		