

Western University
Faculty of Health Sciences
School of Kinesiology
2986 Tennis

Course Instructor: Mike Richards

Course Information:

The course URL is: <https://www.westernu.ca/programs/health-sciences/school-of-kinesiology/courses/2986-tennis>

5. To examine some methods of organizing and administering group drills and various types of tournaments.
6. To provide a background and framework to those who wish to pursue coaching or instructing tennis.
7. To enjoy improving and understanding more about tennis and

Theory:

1. Philosophy- the sport, etiquette, the competition O.T.A, Tennis Canada, ATP, WTA
2. History- Grand Slams, surfaces, former champions, business of tennis
3. Biomechanics/Motor Learning spin, racquets and string, stroke production
4. Progression of a Player styles of play
5. Physical Fitness
6. Mental Aspects of Competition strategies (psychology)
7. Tournaments draw sizes etc., organization
8. Trends in Tennis injuries

Readings Tennis Activity Manual

Bonus Special membership rates will be available for Kinesiology students participating in the 12 week class to be able to play extra tennis and use the tennis bubble facility.

Course/University Policies

1. Lateness/Absences Assignments are due at the beginning of class on the assigned due date and will not be accepted late, except under medical or other compassionate circumstances. Electronic submission of assignments will not be accepted (unless otherwise specified) under any circumstances. Submitting a late assignment without appropriate documentation will result in a zero (0) grade. Appropriate documentation for assignments worth less than 10% should be submitted to the Undergraduate office. A missed midterm examination without appropriate documentation will result in a zero (0) grade. The course policy is not to allow make

A) Students must write their essays and assignments in their own words. Whenever students take an idea, or a passage from another author, they must acknowledge their debt both by using quotation marks where appropriate and by proper referencing such as footnotes or citations. Plagiarism is a major academic offence (see Scholastic Offence Policy in the Western Academic Calendar). All required papers might be subject to submission for textual similarity review to the commercial plagiarism detection software licensed to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. The service is subject to the licensing

STUDENT CODE OF CONDUCT

The purpose of the Code of Student Conduct is to define the general standard of conduct expected of