

Western University
School of Kinesiology
Kin 2922 6

BADMINTON

Instructor: Jason Kaszycki

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Quarter: 6

All classes held in TH Gym

Friday lectures are full game play @ TH Gym

Course Description:

This course is designed to present the student with the fundamental skills, techniques, rules, strategies and tactics of badminton play. The development of skill technique and execution, together with playing ability will be the primary focus.

Course Objectives:

1. To develop the fundamental skills of badminton.
2. To provide a basic knowledge of rules, equipment, techniques, and the strategies and tactics of badminton.
3. Through instruction, drill, and play, to enable the student to demonstrate the basic skills and knowledge of badminton.
4. To enable the student to analyze the basic skills of badminton and develop the ability to detect and correct common errors of technique and execution.
5. To help the student apply basic biomechanical principles to analyze and evaluate badminton skill.

Students will be responsible for handouts, readings, video provided throughout the course. Students will also be responsible for content presented during class.

Instructional Methods:

Lecture and written materials.

Demonstration, drill, and practice.

Play in various formats; singles, doubles, and some mixed doubles. Round robin tournament in both formats.

The student should keep a log of activities presented in class.

Course Content:

A. Skills

1. Grip; forehand/backhand.
2. Stance and ready position.
3. Movement on the court: to the net, baseline, and sideline.
4. Serves: high and long; low and short; drive. Doubles short; flick.
5. Service return(s): stance / racket.
6. Underhand strokes: clear off forehand and backhand

7. Overhead strokes: clear off forehand and backhand; smash off forehand and backhand; drop off forehand and backhand.
8. Sidearm strokes: drive shots (down the line and cross-court).
9. Net play: hairpin drop off forehand and backhand; tumble
10. Blocks: straight, angled, and drop.

B. Knowledge(s)

1. Rules: the playing court.
2. Serving and scoring. Lets and faults.
3. Format of play; singles and doubles
4. Safety issues on and off the court.
Etiquette; conduct on and off the court.

C. Strategy and Tactics

1. Offensive and defensive.
2. Serving and receiving the serve.
3. Singles vs. doubles (mixed doubles).
4. Angle of return and positioning

D. Play

1. Competitive drill
2. Single, doubles, some mixed doubles play.
3. Round robin singles, doubles.

Student Evaluation: 60% allocation to skill, 30% to theory and 10% to attendance

1. Skill Testing :

This will occur over a few different days towards the end of the semester. Students will be given notification with regards to what skills will be tested and how they will be tested before the specific testing dates. Skills may include a variety of serves, both clears, as well as net play.

Total for skill testing: 40%

Evaluation of student during class instruction, drill execution, and tournament class play will be assessed by instructor and have a maximum total of 20%.

Attendance and attitude will be noted, having a total of 10%.

2. Knowledge Tested

Final written examination, one hour in length.

Value: 30%

This Written Exam will be held on the FINAL FRIDAY of scheduled class

Course/University Policies

1. **Lateness/Absences:** Assignments are due at the beginning of class on the assigned due date and will not be accepted late, except under medical or other compassionate circumstances. Electronic submission of assignments will not be accepted (unless otherwise specified) under any circumstances. Submitting a late assignment with appropriate documentation will result in a zero (0) grade. Appropriate documentation assigned (not worth less than 10% should be submitted to the instructor) (not be missed mid-term examination without appropriate documentation will result in a zero grade). The course policy is not to allow make

assignments worth less than 10% should

STUDENT CODE OF CONDUCT

The purpose of the Code of Student Conduct is to define the general standard of conduct expected of students registered at Western University, provide examples of behaviour that constitutes a breach of this standard of conduct, provide examples of sanctions that may be imposed, and set out the disciplinary procedures that the University will follow.

For more information, visit

<http://www.uwo.ca/univsec/board/code.pdf>

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