

**WESTERN UNIVERSITY  
SCHOOL OF KINESIOLOGY**

**KIN 2913Q SOFTBALL SKILLS**

Quarter: Q  
M/W or T/Th located @ Westminster Diamond  
Friday lectures in selected classroom TH

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**COURSE DESCRIPTION**

An introductory softball skills course that focuses on the fundamental skills and tactics used in game situations. The course will also involve principals of biomechanics, motor learning, rules, teaching progressions, detection and correction of errors and safety considerations in teaching and/or playing softball.

**COURSE OBJECTIVES**

1. To study and experience primarily through “learning by doing” the fundamental methods of developing skilled technique in basic softball skills and tactics. In addition the student should be able to describe key teaching points related to these skills and tactics.
2. Through group work and cooperative learning, develop competence in demonstrating all the skills covered in the course and in the detection and correction of skill performance errors.
3. To examine some fundamental principles of skill development as it relates to the sport of softball.
4. To acquire basic tactical knowledge and incorporate it into game situations.
5. To introduce students to the fundamental rules and terminology of the game of softball.
6. To acquire a positive image of the activity.



## **STUDENT RESPONSIBILITIES**

Students are required to attend every class. Students are also expected to arrive on time, with proper attire. A baseball glove is not mandatory, but there is only a limited number of gloves provided by the program. If a student cannot participate in a class due to injury, they are expected to attend and assist their classmates through cooperative learning and error detection/correction. Students will be penalized 1% for each unexcused absence. Also, participation in class discussion in both gym and classroom sessions will count towards the participation/attendance portion of your grade. This will also take into account student



office of their Academic Counsellor.” *\*This policy does NOT stop students from*