

**Western University  
Faculty of Health Sciences  
School of Kinesiology  
KINESIOLOGY 2236B**

## **Introduction to Athletic Injuries**

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**Office Hours: Daily 7 am-2 pm by appointment**

<b><u>Class Times and Location:</u></b>	<b>Lecture</b>	<b>Room</b>	<b>TBA</b>
	<b>Tuesday</b>	<b>10:30</b>	<b>11:20</b>
	<b>Thursday</b>	<b>9:30</b>	<b>11:20</b>

### **Course Description**

Students will be introduced to all aspects of coverage for activities/athletic teams. This will include important aspects of injury prevention and management, including commonly occurring activity injuries and team support topics. Initial treatments, guidelines for referral, return to sport, and ways to maximize performance will also be discussed.

**Pre-requisites:** Kinesiology 2222a/b or Anatomy and Cell Biology 2221.

“Unless you have either the requisites for this course or written special permission from your Dean to enrol in it, you will be removed from this course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary pre-requisites.”

**Textbook:** I do not lecture from the text. Recommended as a good resource for those who want to continue in this field.

**Hill, Toronto, 2011**

**14<sup>th</sup> Edition, McGraw**



## Course/University Policies

1. **Lateness/Absences:** A missed mid-term examination without appropriate documentation will result in a zero (0) grade. The course policy is not to allow make-ups for scheduled midterms, presentations or final exams, nor to assign a grade of Incomplete without acceptable and verifiable medical (or equivalent compassionate) reasons. Acceptable reasons might include hospital stays, serious illness, family emergencies (like serious accidents or illness, death) or similar circumstances.

2. **Written documentation:** Whenever possible, students who require academic accommodation should provide notification and documentation in advance of due dates, examinations, etc. stating specific reasons and dates. Students must follow up with their professors and their Academic Counseling office in a timely manner. Documentation for any request for accommodation shall be submitted directly, as soon as possible, to the appropriate *Academic Counseling Office* of the student's Faculty/School of registration not to the instructor, with a request for relief specifying the nature of the accommodation being requested. This documentation should be obtained at the time of the initial consultation with the physician or walk-in clinic.

