

**School of Kinesiology**

Prentice W.E. Principles of Athletic Training, 14th Edition, McGraw Hill, Toronto, 2011

**LECTURE OBJECTIVES AND SCHEDULE**

<b>LECTURE</b>	<b>DATE</b>	<b>EVALUATIONS</b>	<b>TOPIC</b>
	<b>Tuesday May 9</b>		<b>Course Outline</b>
<b>1</b>	<b>Tuesday May 9</b>		<b>Model of Injury Causation, Injury Prevention</b>  <b>Structure and Function of Soft Tissues, Classification of Injury</b>
<b>2</b>	<b>Thursday May 11</b>		<b>The Healing Process, The Role of Heat / Cold</b>
<b>3</b>	<b>Tuesday May 16</b>		<b>Soft Tissue Analysis &amp; Testing</b>  <b>Postural Alignment &amp; Deviations, Gait Cycle</b>
<b>4</b>	<b>Thursday May 18/ Tuesday May 23</b>		<b>Foot and Ankle Injuries</b>
<b>5</b>	<b>Tuesday May 23</b>		<b>Lower Leg Injuries</b>
<b>6</b>	<b>Thursday May 25</b>		<b>Knee Injuries</b>
	<b>Tuesday May 30<sup>th</sup></b>	<b>Mid-Term Exam (Includes material up to Lecture #6)</b>	
<b>7</b>	<b>Tuesday May 30<sup>th</sup> / Thursday June 1</b>		<b>Shoulder Injuries</b>  <b>Elbow, Wrist, Hand Injuries</b>
<b>8</b>	<b>Tuesday June 6</b>		<b>C-Spine Injuries and Emergency Action</b>

**Note – The above topics and outline are subject to adjustments and change as needed.**



5. **Formatting** (*as recommended by the course instructor*): example- APA style is the approved style of writing for all assignments produced for this course. Please refer to Western University Library webpage for information on citation style and format or consult the APA publication manual: Publication manual of the American Psychological Association (6th ed.).