



General Information

Course #: FN 4460B

Section #: 001 Term: Winter Year: 2024-25

Course Day and Time: Course Location:

Instructor Information

Name: Dr. Dworatzek

E-mail: pdworatz@uwo.ca

Telephone number for office appointments: Please arrange by email

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Integrated Competencies for Dietetic Education and Practice. Version 3.0, 2020. Available at: https://www.pdep.ca/library/PDEP-Policies/Integrated-Competencies-For-Dietetic-Education-And.aspx

Optional Course Materials

Motivational Interviewing in Nutrition and Fitness. Oifford D and Ourtis L. The Guilford Press, New York, USA. 2016. Link to library e-book: https://ocul-uwo.primo.exlibrisgroup.com/permalink/0100UL_UWO/r0c2m8/alma991044448118805163

Holli BB, Beto JA. Nutrition Counseling and Education Skills: A Guide for Professionals. 7th Ed. Jones and Bartlett Learning. Burlingtion, MA, USA. 2018.

Dietitians of Canada. Practice Evidence-based Nutrition (PEN). Knowledge Pathway: Counselling Strategies. www.//pennutrition.com (requires login)

Learning Outcomes

This 4th year required course is a capstone course, meaning that you are expected to integrate all of your learnings up to this point so that you can apply your knowledge in discussions, skill-building activities, simulations, and case studies.

Upon successful completion of this course, students will be able to demonstrate competencies in Communication, Critical Thinking, Inquiry and Analysis, Problem Solving, Self Awareness and Development, Social Awareness and Engagement, and Valuing by:

- 1. demonstrating understanding of EDID (equity, diversity, inclusion, and decolonization) and how it pertains to nutrition counselling (Communication, Critical Thinking, Problem Solving, Self Awareness and Development, Social Awareness and Development and Social A
- conducting self-assessments and engaging in self-reflection as it pertains to nutrition counselling (Communication, Critical Thinking, Inquiry and Analysis, Problem Solving, Self Awareness and Development, Social Awareness and Engagement, and Valuing)
- demonstrating understanding and application of ethical and legal aspects of nutrition counselling (Communication, Critical Thinking, Inquiry and Analysis, Problem Solving, Self Awareness and Development, Social Awareness and Engagement, and Valuing);
- 4. demonstrating understanding, application, and assessment

Integrated Competencies for Dietetic Education and Practice (ICDEP)

The ICDEP consist of 7 interrelated Domains (areas) of Practice Competencies: Food and Nutrition Expertise, Professionalism and Ethics, Communication and Collaboration, Management and Leadership, Nutrition Care, Population Health Promotion, and Food Provision.

For more information on ICDEP competencies please visit the UWO OWL FN UNDERGRADUATE RESOURCES AND INFORMATION site.

Teaching Methodology and Expectations of Students

In-person lectures, discussions, activities, and role play will be used to learn the theories and strategies of nutrition counselling. Students are expected to and . This is often referred to as flipped learning, which allows for more discussion, problem-solving, and application during lectures.

- 1. Assignments are due on the date and time noted. Late assignments will be reduced by 10% of the value of the assignment for each day late. Assignments more than seven days late will NOT be accepted without academic accommodation.
- 2. If you receive a grade on an assignment that you wish to have reevaluated, please reread the assignment instructions and review the grading scheme and comments carefully. If you are still convinced that you have not received the grade that you deserve, prepare a half-page written explanation highlighting where and why you should have earned a different grade, and submit it with the original assignment and marking scheme. The assignment will be reevaluated based on the strength of your explanation as well as the assignment instructions and grading scheme. There is no guarantee that your grade will go up after re-evaluation, in fact, it could go down. Remember to communicate respectfully and clearly why you believe a grade should be reconsidered. Requests for regrades should be submitted within two weeks of return of an assignment.

Copyright and Intellectual Property

PowerPoint lecture slides and notes, lists of readings, in-class activities, assignment guidelines, and other components of the course materials are typically the intellectual property of the instructor. Unauthorized reproduction through audio-recording, video-recording, photographing, sharing on social media, or posting on course-sharing websites is an infringement of copyright and is prohibited. Such action may be considered a Code of Conduct violation and lead to sanctions.

Use of Generative Al

The use of generative Artificial Intelligence (AI) tools, including but not limited to writing assistants (e.g., ChatGPT, QuillBot) and translation services (e.g., Google translate), in university courses is subject to the Brescia Policy on the Use of Generative AI in Course Assessment. Use of generative AI tools when prohibited or in a way not specifically allowed is a scholastic offence and subject to the penalties for a scholastic offence outlined in the Academic Calendar.

Students are encouraged to make use of technology including generative artificial intelligence tools, to contribute to their understanding of the course materials. Using generative AI, including ChatGPT

Mar 25	Jurisprudence, Ethical and Legal Considerations	Samantha Thiessen and Diane Candiotto, College of Dietitians of Ontario (virtual guest speakers) Case review and readings (as posted on OWL) required before class
Apr 1		

health and engage in healthy living while pursuing your degree. For example, to support physical activity, all

Numerous cultural events are offered throughout the year. Please check out the Faculty of Music web page (http://www.music.uwo.ca/), or the McIntosh Gallery (http://mcintoshgallery.ca/). Further information regarding health and wellness-related services available to students may be found at https://www.uwo.ca/health/.

If you are in emotional or mental distress, please visit Western Psychological Services (https://www.uwo.ca/health/psych) for a list of options for obtaining help.

Use of Electronic Devices

Unless you have medical accommodations that require you to do so, or explicit permission from the instructor of the course, you may not use any electronic devices during ANY tests, quizzes, midterms, examinations, or other in-