

Brescia School of Food and Nutritional Sciences

Please complete the following checklist, and familiarize yourself with the additional information, before submitting your Request for Letter of Permission Form to fnsinfo@uwo.ca.

Checklist:

- You have had your course(s) approved by the **correct department(s)** prior to Academic Advising Office approval (e.g. Psychology Department for Psychology courses)
- You may take a maximum of 5.0 credits on a LOP or exchange toward your Western degree
- Check that the course you are taking is the **same weight** as the one offered at Western (0.5 vs 1.0)
- Check which **breadth** category your LOP falls into (see [LOP Breadth Categories](#))