

TRAINING SAFETY PRECAUTIONS AND EXPECTATIONS

Date _____

Instructor _____

1. Report any injury or discomfort to your Instructor immediately. If something does not "feel right" report it.

2. Please do not overexert yourself.

3. Make contact with your Instructor and advise them of your condition when

4. Ask questions when something is not clear to you.

5. Weapons are not to be used during physical training.

8. Physical training areas will be clear of materials, clothing and training equipment (unless in use) at all times.

10. Training equipment is not to be handled without the authorization of your

11. Whistles will be used by Control Monitors to stop action during simulation training

12. If you are not involved in a simulation exercise, you will function as a Safety

14. Weapons are not permitted in the training environment. This includes but is not

I, the undersigned, have read the above safety precautions and expectations listed.

Print Name _____

Signature _____